




**Meiji Kai Lunch Program  
At Kawabe Memorial House  
2021**

60 Years and Older – Free! (Suggested Donation: \$4.00)  
Guests (under 60 years old) - \$10.00 per meal  
No Refunds/Take Out Only  
Please make a reservation 2 days in advance by calling 206-322-4550

*Menu might be changed without notice*

| MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY  |
|---|---|--|---|---|
| <p align="center"><b>3</b></p> <p>Oyster Fry<br/>(Crispy Panko Fried Oyster)<br/>Gomoku-Ni w/ Soybeans, Carrots &amp; Konnyaku<br/>Miso Soup w/ Cod &amp; Mizuna Rice<br/>Mixed Fruits</p>  | <p align="center"><b>4</b></p> <p>Salmon Shioyaki<br/>Tamago-yaki<br/>Salad w/ Spinach, Broccoli, Tomato, Bell Pepper, Radish, &amp; Crispy Onions<br/>Brown Rice<br/>Osuimono w/ Mitsuha &amp; Crab<br/>Apple Slices w/Greek Yogurt</p>  | <p align="center"><b>5</b></p> <p>Barazushi (Seasoned Rice w/ Shrimp and Veggies)<br/>Green Bean Goma-Ae<br/>Potato Salad w/ Carrots, Corn, &amp; Cucumber<br/>Miso Soup w/ Tofu &amp; Cod<br/>Orange Wedges</p> <p align="center"><i>Kodomo no Hi/Cinco de Mayo</i></p>   | <p align="center"><b>6</b></p> <p>Niku-Dango Amakara-Ni (Beef Meatballs in Sweet Soy Glaze)<br/>Potato Salad w/ Carrots, Onions, Peas, Kale &amp; Tomatoes<br/>Miso Soup w/ Yam &amp; Spinach Rice<br/>Orange Wedges</p>                      | <p align="center"><b>7</b></p> <p>Yaki-Udon (Fried Noodles) w/ Pork &amp; Vegetables<br/>Soybean Nimono w/ Carrots, Gobo &amp; Konnyaku<br/>Miso Soup w/ Turnips &amp; Spinach<br/>Orange Wedges</p>  |
| <p align="center"><b>10</b></p> <p>Spring Bibimbap<br/>(Carrots, Asparagus, Yellow Bell Pepper, Watercress, Green Peas, Daikon, Avocado &amp; Salmon over Rice w/ Poached Egg)<br/>Kimchee<br/>Miso Soup w/ Narutomaki &amp; Mitsuha<br/>Banana, &amp; Orange w/ Anko</p> | <p align="center"><b>11</b></p> <p>Tonkatsu (Crispy Pork Cutlet)<br/>Kale Salad w/ Spinach, Bell Pepper, Green Onion, Tomato &amp; Broccoli<br/>Kinpira-Gobo w/ Carrots<br/>Miso Soup w/ Carrot &amp; Takana Rice<br/>Apple Slices w/ Caramel</p>   | <p align="center"><b>12</b></p> <p>Hayashi Rice<br/>(Stewed Beef w/ Peas, Carrots, Onions &amp; Potatoes Over Rice)<br/>Salad w/ Spinach, Arugula, Red Bell Pepper, Dried Apricot, &amp; Radish<br/>Miso Soup w/ Tofu &amp; Wakame<br/>Mixed Fruits w/ Greek Yogurt</p>  | <p align="center"><b>13</b></p> <p>Chicken Cream Stew<br/>(Chicken &amp; Broccoli)<br/>Spinach &amp; Kale Salad w/ G. Onions, Tomatoes, Broccoli, Carrots &amp; Bell Pepper<br/>Miso Soup w/ Cod &amp; G. Onion<br/>Brown Rice<br/>Banana</p> | <p align="center"><b>14</b></p> <p>Hakusai Cabbage Rolls<br/>(Simmered Napa Cabbage Rolls Stuffed w/ Ground Beef &amp; Pork)<br/>Potato Salad (Potatoes, Carrots, Onions &amp; Corn)<br/>Miso Soup w/ Carrot &amp; Beet Greens<br/>Rice<br/>Fresh Mandarin Orange</p> |
| <p align="center"><b>17</b></p> <p>Ebi Fry<br/>(Crispy Panko Fried Shrimp) w/ Shredded Cabbage, Tomato, &amp; Broccoli)<br/>Salad w/ Spinach, Kale, Raisins, Pepitas, G. Onion &amp; Bell Pepper<br/>Miso Soup w/ Carrot &amp; Narutomaki Rice<br/>Banana</p>             | <p align="center"><b>18</b></p> <p>Chicken Karaage Donburi (Crispy Fried Chicken w/ Savory Sauce, Mayo, Kizami Nori &amp; Green Onions over Rice)<br/>Arugula Salad w/ Tomatoes, Bell Peppers, Broccoli, Radish &amp; Apple<br/>Miso Soup w/ Carrot &amp; G. Onion<br/>Mixed Fruits w/ Greek Yogurt</p> | <p align="center"><b>19</b></p> <p>BBQ Beef Short Ribs w/ Red &amp; Green Leaf Lettuce &amp; Ssamjang<br/>Radish Salad (Quick Pickled Daikon), Mustard Green Namul<br/>Brown Rice<br/>Miso Soup w/ Spinach &amp; Carrots<br/>Banana w/ Cream Puff</p>  | <p align="center"><b>20</b></p> <p>Saba Shioyaki w/ Daikon Oroshi &amp; Lemon<br/>Komatsuna &amp; Abura-Age Nibitashi<br/>Tamagoyaki<br/>Miso Soup w/ Squash &amp; Mizuna Rice<br/>Mixed Fruits w/ Honey &amp; Whipped Cream</p>              | <p align="center"><b>21</b></p> <p>Teriyaki Salmon w/ Takuan<br/>Daikon Nimono w/ Carrots, Snow Peas &amp; Lotus Root<br/>Futomaki-Zushi (Sushi w/ Tamagoyaki, Kanpyo, &amp; Spinach)<br/>Miso Soup w/ Turnip &amp; Turnip Greens, Rice<br/>Fresh Mandarin Orange</p> |
| <p align="center"><b>24</b></p> <p>Aji Fry<br/>(Japanese Horse Mackerel) w/ Lemon, &amp; Tartar Sauce<br/>Salad w/ Arugula, Kale, Pepitas, Tomato, Broccoli, G. Onions &amp; Carrot<br/>Miso Soup w/ Crab &amp; Carrot Rice<br/>Apple Slices w/ Greek Yogurt</p>          | <p align="center"><b>25</b></p> <p>Ten Don<br/>(Tempura Carrot, Onion, Green Beans, Broccoli, Lotus, Cod, Shrimp, &amp; Sweet Potato over Rice)<br/>Spinach Goma-Ae<br/>Miso Soup w/ Mitsuha &amp; Crab<br/>Orange Wedges w/ Chocolate<br/>Éclair</p>   | <p align="center"><b>26</b></p> <p>Katsu Curry<br/>(Crispy Pork Cutlet w/ Curry Sauce &amp; Brown Rice) w/ Tomato Wedge<br/>Fukujinzuke &amp; Takuan<br/>Nimono w/ Kabocha, Lotus Root, Daikon, &amp; Komatsuna<br/>Osuimono w/ Shiso <br/>Apple Slices</p> | <p align="center"><b>27</b></p> <p>Spaghetti Meat Sauce<br/>(Beef, Onions, Tomatoes &amp; Carrots)<br/>Garlic Toast<br/>Clam Chowder<br/>Cucumber &amp; Crab Sunomono<br/>Banana w/ Whipped Cream &amp; Cream Puff</p>                        | <p align="center"><b>28</b></p> <p>Gyoza &amp; Fried Rice<br/>Salad w/ Spinach, Kale, Dried Apricots, Broccoli, Tomato, Green Onions, &amp; Radish<br/>Miso Soup w/ Crab, Carrots, &amp; Wakame<br/>Fresh Mandarin Oranges</p>  |
| <p align="center"><b>31</b></p>  <p align="center"><b>CLOSED</b><br/><i>Memorial Day</i></p>   |   |  |    |   |