

Please note the menu may change without notice



**Meiji Kai Lunch Program
At Kawabe Memorial House
2021**

60 Years and Older – *Free!* (Suggested Donation: \$4.00)
 Guests (under 60 years old) - \$10.00 per meal
 No Refunds/Take Out Only
 Please make a reservation 2 days in advance by calling 206-322-4550
 Sometimes it may be sold out before the deadline

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>5</p> <p>CLOSED</p> <p><i>Independence Day Observed</i></p>	<p>6</p> <p>Ten Don (Tempura Carrot, Onion, Green Beans, Broccoli, Lotus, Cod, Shrimp, & Sweet Potato over Rice), Spinach Goma-Ae Miso Soup w/ Mitsuba & Crab Orange Wedges w/ Chocolate Éclair</p>	<p>7</p> <p>Barazushi (Seasoned Rice w/ Shrimp, Carrots, Bamboo Shoot, Shiitake, Snow Peas, Gobo, Hijiki, Abura-Age, Komatsuna, Kamaboko, Tobiko, Kizami Nori, & Beni Shoga) Miso Soup w/ Cod & Mizuna Fresh Pineapple</p>	<p>1</p> <p>Toji Udon (w/Abura-Age, Eggs & Green Onions) Nimono (Taro Potatoes, Daikon Radish & Carrots) Fresh Sliced Apples</p>	<p>2</p> <p>Omu-Rice (Fried Brown Rice w/ Chicken, Onion, Peas & Carrots Wrapped in Omelette) w/ Tomato Sauce Salad w/ Arugula, Spinach, Bell Pepper, Tomato, & Pepitas Shibazuke, Ao Kappa, & Takuan Miso Soup w/ Kabocha & Wakame Strawberries w/ Greek Yogurt</p>
<p>12</p> <p>Ebi Fry (Crispy Panko Fried Shrimp) Potato Salad w/ Carrots, Corn & Cucumber Miso Soup w/ Shimeji Mushrooms & Komatsuna, Brown Rice Strawberries, Blueberries, & Apricots w/ Greek Yogurt</p>	<p>13</p> <p>Hiyashi Chuka (Cold Noodles w/ Chicken, Shrimp, Ham, Egg, Green Onions, Red Bell Pepper, Tomatoes, Spinach & Cucumber) Ao Kappa & Takuan Miso Soup w/ Carrot & Hijiki Sliced Apples</p>	<p>14</p> <p>Sandwich w/ Eggs, Potatoes, Tuna, Ham, Tomatoes, Lettuce & Cucumber Salad w/ Broccoli, Tomatoes & Kale Mandarin Orange w/ Cream Puff</p>	<p>8</p> <p>Aji Fry (Japanese Horse Mackerel) w/ Shredded Cabbage & Lemon Salad w/ Arugula, Kale, Pepitas, Tomato, Broccoli, Green Onions, Carrot & Dried Cranberries Miso Soup w/ Crab & Carrots Brown Rice Fresh Grapes</p>	<p>9</p> <p>Shogayaki (Ginger Pork) Salad w/ Kale, Tomatoes, Broccoli, & Cabbage Kimpira w/ Gobo & Carrots Miso Soup w/ Tofu & Onions Rice Sliced Apples</p>
<p>19</p> <p>Kaki Fry (Oysters) Salad w/ Tomatoes, Carrots, Green Leaf Lettuce, Yellow Bell Peppers, & Radish Spinach Goma-Ae Miso Soup w/ Tofu & G. Onions Brown Rice Blueberries w/ Cream Puff</p>	<p>20</p> <p>Seafood Curry w/ Octopus, Clams, Squid, & Shrimp Salad w/ Kale, Spinach, & Carrots Osumono w/ Cod & Onion Rice Sliced Apples</p>	<p>21</p> <p>BBQ Beef Short Ribs (Red Leaf Lettuce, Green Leaf Lettuce, Napa Cabbage & Ssamjang) Radish Salad (Quick-Pickled Radish) Kimchee Rice Miso Soup w/ Spinach & Squash Fresh Red Grapes</p>	<p>15</p> <p>Chicken Karaage Don (Crispy Fried Chicken Pieces w/ Savory Sauce, Mayo, Kizami Nori, & Green Onions over Rice) Salad w/ Green Leaf, Tomatoes, Arugula, & Carrots Miso Soup w/ Carrot & G. Onion Blueberries w/ Greek Yogurt</p>	<p>16</p> <p>Oyakodon (Chicken, Onions & Eggs Over Rice) Dengaku (Tofu, Eggplant & Miso) Miso Soup w/ Spinach & Squash Grilled Pineapple</p>
<p>26</p> <p>Saba Shioyaki w/ Daikon Oroshi & Lemon Nimono w/ Kabocha Miso Soup w/ Squash & Mizuna Rice Honeydew, Pineapple, Orange, Strawberries, & Cantaloupe w/ Honey & Whipped Cream</p>	<p>27</p> <p>Niku-Dango w/ Sweet Sour Sauce Salad w/ Tomatoes, Broccoli, Kale, & Spinach Miso Soup w/ Yam & Spinach Brown Rice Sliced Apples</p>	<p>28</p> <p>Tonkatsu (Crispy Pork Cutlet) Kale Salad w/ Spinach, Bell Pepper, Green Onion, Tomato & Broccoli Miso Soup w/ Carrot & Takana Rice Apple Slices w/ Caramel</p>	<p>22</p> <p>Mabo Tofu w/ Tofu, Pork & Eggplant Salad w/ Arugula, Bell Pepper & Cabbage Rice Sliced Apples</p>	<p>23</p> <p>Gyoza & Fried Rice Salad w/ Spinach, Kale, Dried Apricots, Broccoli, Tomato, Green Onions, & Radish Miso Soup w/ Crab, Carrots, & Wakame Fresh Mandarin Oranges</p>
			<p>29</p> <p>Spaghetti Meat Sauce (Beef, Spaghetti, Tomato Sauce, Cheese) Salad w/ Kale, Spinach, Tomatoes & Onion Miso Soup w/ Carrots & Onions Garlic Toast Pineapple & Orange w/ Honey</p>	<p>30</p> <p>Salmon Nanban Zuke Tamago-yaki Salad w/ Arugula, Tomato, Broccoli, Bell Pepper & G. Onion Miso Soup w/ Carrot & Narutomaki Rice Blueberries w/ Greek Yogurt & Honey</p>