

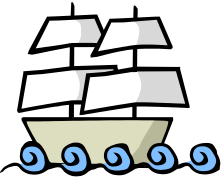


*Menu might be changed without notice*

**Meiji Kai Lunch Program  
At Kawabe Memorial House  
2021**

60 Years and Older – **Suggested Donation: \$5.00**  
 Guests (under 60 years old) - \$10.00 per meal  
 No Refunds/Take out  
 Please make a reservation 2 days in advance by calling 206-322-4550  
 Might be sold out before the deadline

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<b>1</b> Tenpura (Shrimp, Cod, Green Beans, Kabocha, Lotus Root, Onions, Carrots, Green Bell Pepper & Daikon) Takuan & Ao Kappa Miso Soup w/ Potato & Green Onion Rice Grapes w/ Petit Four
<b>4</b> Beef Curry (Beef w/ Curry Sauce & Rice) Salad w/ Kale, Tomatoes, G. Onion, Broccoli & Onions Fukujinzuke & Takuan Miso Soup w/ Carrots & Crab Mandarin Orange	<b>5</b> Spaghetti Meat Sauce (Beef, Spaghetti, Tomato Sauce, & Cheese) Salad w/ Broccoli & Tomatoes Miso Soup w/ Tofu & Wakame Seaweed Garlic Toast Sliced Apples w/ Petit Four	<b>6</b> Sukiyaki (Beef Hot Pot w/ Tofu, Udon, Shimeji Mushrooms, Onions, Chinese Cabbage, Green Onion) Salad w/ Tomatoes, Arugula, Broccoli, Corn, Onions, Rice Miso Soup w/ Mitsuha & Crab Mandarin Orange	<b>7</b> Futo-Maki and Inari Sushi w/ Shiitake, Spinach & Ginger Potato Salad Miso Soup w/ Squash & Arugula Orange w/ Cream Puff	<b>8</b> Shogayaki (Ginger Pork) Macaroni Salad Salad w/ Kale, Spinach, Carrots, Tomatoes, G. Onions, Bell Pepper, & Dried Cranberries Miso Soup w/ Chard & Chikuwa Brown Rice Sliced Apples w/ Caramel Sauce
<b>11</b> <i>"Columbus Day"</i>  <b>CLOSED</b>	<b>12</b> Aji Fry (Crispy Fried Japanese Horse Mackerel) Potato Salad w/ Arugula, Kale, Pepitas, Tomato, Broccoli, G. Onions, Carrot & Dried Apricots Miso Soup w/ Carrot & Crab Rice Strawberries & Blueberries w/ Greek Yogurt & Honey	<b>13</b> Saba Shioyaki w/ Daikon Oroshi Nimono w/ Daikon, Konnyaku, Carrots & Chikuwa Ao Kappa Miso Soup w/ Squash & Arugula Rice Red Grapes, Strawberries, Blueberries, & Dried Apricots w/ Greek Yogurt & Granola	<b>14</b> Barazushi (Seasoned Rice w/ Shrimp, Carrots, Bamboo Shoot, Shiitake, Snow Peas, Gobo, Eggs, Abura-Age, Kamaboko & Beni Shoga) Takuan & Shibazuke Miso Soup w/ Cod & Spinach Sliced Apples w/ Cream Puff	<b>15</b> Hamburger Steak (Beef & Tofu) Potato Fry Salad w/ Kale, Broccoli, G. Onions, Bell Peppers, Carrots, Tomato, Dried Apricot, & Crispy Onions Brown Rice Miso Soup w/ Turnip Greens & Squash Mandarin Orange w/ Petit Four
<b>18</b> Yakisoba & Gyoza w/ Pork, Onion, Carrots & Bean Sprouts Sunomono (Cucumber & Wakame) Miso Soup w/ Tofu & Onions Banana	<b>19</b> Salmon Butter-Yaki w/ Lemon Salad w/ Avocado, Arugula & Tomatoes) Ao Kappa & Takuan Rice Miso Soup w/ Spinach & Turnip Mandarin Orange w/ Petit Four	<b>20</b> BBQ Beef Short Ribs w/ Green Leaf Lettuce Radish Salad (Quick-Pickled Radish) Macaroni Salad w/ Onion, Cucumber & Carrots Brown Rice Miso Soup w/ Spinach & Squash Sliced Pears w/ Yogurt	<b>21</b> Fish & Chips Salad w/ Cabbage, Bell Pepper & Tomatoes Clam Chowder Fresh Grapes	<b>22</b> Chicken Toji Udon w/ Chicken, Eggs, Onion & G. Onion) Kabocha Nitsuke Green Bean Goma-Ae Pears & Cream Puff
<b>25</b> Chicken & Veg Sweet & Sour (Chicken, Broccoli, Green Bell Pepper, Onions w/ Sweet & Sour Sauce) Takuan & Ao Kappa Rice Grapes	<b>26</b> Hakusai Cabbage Rolls (Simmered Napa Cabbage Rolls Stuffed w/ Ground Beef & Pork) Nimono w/ Daikon, Kabocha & Snow Peas Miso Soup w/ Spinach & Potato Rice Blueberries & Whipped Cream	<b>27</b> Salmon Shioyaki w/ Daikon Oroshi & Lemon Kimpira Gobo Salad w/ Spinach, Tomatoes, Kale, Carrots & Pepitas Rice Miso Soup w/ Carrots & Mizuna Mandarin Orange	<b>28</b> Kaki Fry (Crispy Panko Oysters) Autumn Salad w/ Spinach, Kale, Dried Cranberries, Carrots, Radish, Green Onion, Beets & Pepitas Nasu Itame Rice, Miso Soup w/ Chard & Squash Mandarin Oranges w/ Cream Puff	<b>29</b> Tonkatsu (Pork Cutlet) Potato Salad w/ Cabbage, Tomatoes, Kale, Carrots & Cucumber) Brown Rice Miso Soup w/ Onions & Daikon Fresh Sliced Apples