


Menu might be changed without notice

**Meiji Kai Lunch Program
At Kawabe Memorial House
2022**

60 Years and Older – Suggested Donation: \$5.00
Guests (under 60 years old) - \$10.00 per meal
No Refunds/Take Out Only
Please make a reservation 2 days in advance by calling 206-322-4550
Might be sold out before the deadline

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
6	7	1	2	3
Ebi Fry (Crispy Panko Fried Shrimp) Potato Salad w/ Carrots, Corn & Cucumber Miso Soup w/ Shimeji Mushrooms & Komatsuna, Rice Strawberries, Blueberries, & Apricots w/ Greek Yogurt	Beef Sukiyaki (w/ Tofu, Carrots, Napa, Spinach, Shimeji and Shiitake Mushrooms, Green & White Onions, & Udon Noodles) Miso Soup w/ Spinach & Narutomaki, Rice Fresh Pineapple w/ Whipped Cream	Salmon Shioyaki Tamago-yaki Salad w/ Spinach, broccoli, Tomato, Bell Pepper, Radish & Crispy Onions Shishito Agebitash Brown Rice Osuimono w/ Mitsuha & Crab Diced Mango w/ Greek Yogurt	Chicken Curry (Chicken w/ Curry Sauce & Rice) w/ Tomato Wedge Fukujinzuke Kale Salad w/ Arugula, Carrots, Bell Peppers, Beets & Dried Cranberries Miso Soup w/ Parsnips & Takana Apple Slices w/ Whipped Cream	Ten-Don (Tempura Carrot, Onion, Green Beans, Broccoli, Lotus, Kale, Shrimp, & Sweet Potato over Rice) Miso Soup w/ Mitsuha & Crab Umeboshi Fresh Grapes w/ Chocolate Eclair
13	14	8	9	10
Aji Fry (Japanese Horse Mackerel) w/ Shredded Cabbage & Lemon Salad w/ Arugula, Kale, Pepitas, Tomato, Broccoli, Green Onions, Carrot & Dried Cranberries Miso Soup w/ Crab & Carrots Brown Rice, Fresh Grapes	Fish & Chips Macaroni Salad w/ Carrots, Kale & Tomatoes Kabocha Soup Orange Wedges	Saba Shioyaki (Grilled Mackerel) Nimono w/ Kabocha, Daikon, Snow Peas & Abura-Age Shibazuke & Takuan Miso Soup w/ Gobo & Spinach Brown Rice Sliced Apples	Sweet & Sour Chicken and Veg. (Chicken, Broccoli, Bell Pepper, Onions w/ Sweet & Sour Sauce) Potato Salad (Potatoes, Carrots, Onions & Corn) Rice Miso Soup w/ Crab & Wakame Apple Slices	Yaki Udon w/ Onion, Cabbage, Carrot, Shiitake, Green Onions, Chicken, Shrimp & Kizami Shoga, Kabocha Nitsuke Takuan & Shibazuke Miso Soup w/ Tofu & Spinach Apple, & Strawberries w/ Whipped Cream & Honey
20	21	15	16	17
<i>JuneTeenth Day Observed</i> <i>No Lunch</i> 	Yakisoba & Gyoza Mixed Salad w/ Tomatoes, Kale, Broccoli, & Bell Pepper Miso Soup w/ Carrots & Crab Orange Wedges	Spaghetti Meat Sauce (Beef, Spaghetti, Tomato Sauce & Cheese) w/ Vegetable Croquette Salad w/ Broccoli, Spinach, Kale & Tomatoes Vegetable Clear Soup Garlic Toast Sliced Apples w/ Petiti Four	Salmon Butter Yaki w/ Lemon Coleslaw w/ Cabbage, Kale, Carrots, & Green Onions Clam Chowder Fried Potatoes Cantaloupe, Pineapple, Honeydew, Banana & Orange w/ Greek Yogurt	Sandwich w/ Eggs, Potatoes, Tuna, Ham, Tomatoes, Lettuce & Cucumber Salad w/ Broccoli, Tomatoes & Kale Mandarin Orange w/ Cream Puff
27	28	22	23	24
Chicken Karaage Donburi (Crispy Fried Chicken Pieces w/ Savory Sauce, Mayo, Kizami Nori, & Green Onions over Rice) Arugula Salad w/ Tomatoes, Bell Peppers, Broccoli, & Radish Miso Soup w/ Carrot & G. Onion Apple Slices	Shogayaki (Ginger Pork) Takuan & Shibazuke Salad w/ Kale, Spinach, Carrots, Tomatoes, Green Onions, Radish, Bell Pepper, & Dried Cranberries Miso Soup w/ Cress & Tofu Brown Rice, Orange Wedges	Beef & Veg Sauté w/Yakiniku Sauce Mix Salad w/ Kale, Tomatoes & Carrot Miso Soup w/ Spinach & Tofu Rice Oranges & Chocolate Eclair	Kaki Fry (Panko Crusted Fried Oysters) w/ Shredded Cabbage, Tomato & Broccoli, Brown Rice Salad w/ Kale, Raisins, Pepitas, Green Onion, & Crispy Onions Miso Soup w/ Carrot & Narutomaki Blueberries	Hiyashi Chuka (Cold Noodles w/ Chicken, Shrimp, Ham, Egg, Green Onions, Red Bell Pepper, Tomatoes, Spinach & Cucumber) Ao Kappa & Takuan Miso Soup w/ Carrot & Hijiki Sliced Apples
29	30	29	30	
Tonkatsu (Pork Cutlet) Potato Salad (Carrots, Corn, & Cucumber) Miso Soup w/ Crab & Komatsuna Garlic Fried Rice Fresh Mandarin Orange	Mabo Tofu w/ Tofu, Pork & Beef Salad w/ Arugula, Bell Pepper & Cabbage Rice Sliced Apples			