




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p align="center"><b>Meiji Kai Lunch Program at Kawabe Memorial House 2022</b></p> <p align="center"><i>Menu might be changed without notice</i></p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>60 Years and Older – Suggested Donation: \$5.00            Guests (under 60 years old) - \$10.00 per meal            No Refunds/Take out only            Please make a reservation 2 days in advance by calling <a href="tel:206-322-4550">206-322-4550</a></p> </div>		 	<p align="center">1 Fish &amp; Chips Salad w/ Cabbage, Bell Pepper &amp; Tomatoes Clam Chowder Sliced Apple</p>	<p align="center">2 Ten-Don (Tempura Cod, Shrimp, Carrot, Broccoli, Okra, Lotus Root, Kabocha, Bell Pepper, &amp; Shiso Over Rice w/ Sauce) Spinach Nibitashi Ao Kappa &amp; Shibazuke Miso Soup w/ Green Onion &amp; Narutomaki Fresh Grapes w/ Petit Four</p>
<p align="center">5</p> <p align="center"><b>LABOR DAY</b></p>  <p align="center"><b>CLOSED</b></p>	<p align="center">6</p> <p>Chicken Karaage Donburi (Crispy Fried Chicken Pieces w/ Savory Sauce, Mayo, Kizami Nori, &amp; Green Onions over Rice) Eggplant Nibitashi Salad w/ Spinach, Broccoli, Tomato, Carrots, Bell Peppers, Radish, G. Onion &amp; Dried Apricot Miso Soup w/ Gobo &amp; Shiso Sliced Apples</p>	<p align="center">7</p> <p>Hiyashi Chuka (Cold Noodles w/ Chicken, Shrimp, Ham, Egg, Green Onions, Bell Pepper, Tomato, Spinach, Cucumber, &amp; Shiitake) Ao Kappa &amp; Takuan Miso Soup w/ Carrot &amp; Hijiki Fresh Grapes w/ Petit Four</p>	<p align="center">8</p> <p>Kaki Fry (Fried Oysters) Hijiki Gomoku-Ni (Seaweed Salad w/ Soybeans, Carrots, Abura-Age, Konnyaku, &amp; Lotus Root) Salad w/ Spinach, Tomato, Carrot, Broccoli, Cauliflower, &amp; Bell Pepper Umbeboshi &amp; Takuan Brown Rice Sliced Apples w/ Petit Four</p>	<p align="center">9</p> <p>Yakiniku Beef Donbri w/ Beef, Onion, Eggs Salad w/ Kale, Tomatoes, Carrot &amp; Spinach Miso Soup w/ Onion &amp; Tofu Rice Melon</p>
<p align="center">12</p> <p>Ton-Katsu (Crispy Pork Cutlet) Salad w/ Arugula, Kale, Broccoli, Bell Peppers, Tomatoes, &amp; Dried Cranberries Shibazuke, Takuan, &amp; Umbeboshi Miso Soup w/ Carrot &amp; Spinach Rice Sliced Apples w/ Whipped Cream &amp; Petit Four</p>	<p align="center">13</p> <p>Futo-Maki and Inari Sushi w/ Shiitake, Spinach, Eggs &amp; Ginger Green Bean Goma-Ae &amp; Edamame Miso Soup w/ Squash &amp; Cod Orange w/ Cream Puff</p>	<p align="center">14</p> <p>Salmon Nanban Zuke Tamago-yaki Salad w/ Arugula, Tomato, Broccoli, Bell Pepper &amp; G. Onion Miso Soup w/ Carrot &amp; Narutomaki Brown Rice Melon w/ Greek Yogurt &amp; Honey</p>	<p align="center">15</p> <p>Aji Fry (Japanese Horse Mackerel) w/ Shredded Cabbage &amp; Lemon Salad w/ Arugula, Kale, Pepitas, Tomato, Broccoli, Green Onions, Carrot &amp; Dried Cranberries Miso Soup w/ Carrot &amp; Crab Rice Banana</p>	<p align="center">16</p> <p>Spaghetti Meat Sauce w/ Beef Sausage, Bacon, Mushrooms, Bell Peppers, Onions &amp; Parmesan Garlic Toast Salad w/ Kale, Broccoli, Radish, &amp; Dried Apricot Miso Soup w/ Hijiki &amp; Carrot Melon w/ Greek Yogurt &amp; Honey</p>
<p align="center">19</p> <p>Salmon Shioyaki (Grilled Salmon) Nasu Dengaku (Miso Glazed Eggplant) Salad w/ Spinach, Broccoli, Tomato, Bell Pepper, Radish, &amp; Crispy Onions Rice Osuimono w/ Mitsuha &amp; Crab Grapes w/ Cream Puff</p>	<p align="center">20</p> <p>Nimono w/ Chicken, Daikon, Carrots, Konnyaku, &amp; Gobo Spinach Goma-Ae Rice Miso Soup w/ Tofu &amp; Wakame Orange</p>	<p align="center">21</p> <p>Sandwich w/ White &amp; Wheat Bread, Ham, Tomatoes, Cucumber, Carrots, Potatoes, Green Leaf Lettuce &amp; Eggs) Clear Soup w/ Vegetable (Cabbage, Onion, Tomatoes &amp; Potatoes) Fresh Grapes</p>	<p align="center">22</p> <p>Oyakodon (Chicken, Onions &amp; Eggs Over Rice) Okra Agebitashi w/ Katsuobushi Ao Kappa &amp; Takuan Salad w/ Arugula, Spinach, Broccoli, Carrot, Radish &amp; Bell Pepper Miso Soup w/ Corn &amp; Cod Melon w/ Greek Yogurt &amp; Honey</p>	<p align="center">23</p> <p>Hakusai Cabbage Rolls (Simmered Napa Cabbage Rolls Stuffed w/ Ground Beef &amp; Pork) Salad w/ Kale, Broccoli, Green Onions, Bell Peppers, Carrots, Tomato, Dried Apricot, &amp; Crispy Onions, Brown Rice Miso Soup w/ Turnip &amp; Chard Fresh Grapes</p>
<p align="center">26</p> <p>Shogayaki (Ginger Pork) Takuan &amp; Shibazuke Salad w/ Kale, Spinach, Carrots, Tomatoes, Green Onions, Radish, Bell Pepper, &amp; Dried Cranberries Miso Soup w/ Cress &amp; Tofu Rice Sliced Apples w/ Petit Four</p>	<p align="center">27</p> <p>Sukiyaki (w/ Beef, Nappa Cabbage, Tofu, Green Onions, &amp; Udon Noodles) Salad w/ Broccoli &amp; Carrots Miso Soup w/ Potatoes &amp; Onion Brown Rice Banana</p>	<p align="center">28</p> <p>Mabo Tofu (Meat, Tofu, Eggplant &amp; Onions) Salad w/ Kale, Tomatoes, Spinach &amp; Carrot Rice Fresh Orange</p>	<p align="center">29</p> <p>Gyoza (Pork) &amp; Yakisoba Summer Salad w/ Arugula, Spinach, Roasted Corn, Diced Shishito Peppers, Carrot, Broccoli, Mango, &amp; Pepitas, Ao Kappa &amp; Takuan, Rice Potato Salad w/ Kale, Carrots, Corn &amp; Cucumber Miso Soup w/ Spinach &amp; Squash Mandarin Orange w/ Petit Four</p>	<p align="center">30</p> <p>Saba Nanban-Zuke (Fried Mackerel in a Sour, Slightly Spicy Sauce) w/ Carrots, Onions, Daikon &amp; Lemon Chard &amp; Abura-Age Nibitashi Takuan Brown Rice Miso Soup w/ Tofu &amp; Wakame Sliced Apples w/ Caramel Sauce</p>