

Menu might be changed without notice


**Meiji Kai Lunch Program
At Kawabe Memorial House
2023**

Donation and Price Change /Dine in Recommended

60 and Older Take out - \$8; Dine In Donation - \$5

Under 60 Take out- \$12; Dine In - \$10

Please make a reservation 2 days in advance by calling 206-322-4550

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Aji Fry (Crispy Fried Japanese Horse Mackerel) Potato Salad w/ Arugula, Kale, Pepitas, Tomato, Broccoli, G. Onions, Carrot & Dried Apricots Miso Soup w/ Carrot & Crab Rice Banana w/ Greek Yogurt & Honey	3 Yakiniku Beef Donburi w/ Beef, Onion, Eggs Salad w/ Kale, Tomatoes, Carrot & Spinach Miso Soup w/ Onion & Tofu Rice Melon	4 Hamburger Steak (Beef & Tofu) Potato Fry Salad w/ Kale, Broccoli, G. Onions, Bell Peppers, Carrots, Tomato, Dried Apricot, & Crispy Onions Rice Miso Soup w/ Turnip Greens & Squash, Mandarin Orange	5 Barazushi (Seasoned Rice w/ Shrimp, Carrots, Shiitake, Gobo, Lotus Root, Kinshi Tamago, Kizami Nori, & Beni Shoga) Spinach Ohitashi Miso Soup w/ Cod & Carrots Orange	6 Tonkatsu (Pork Cutlet) Potato Salad w/ Cabbage, Tomatoes, Kale, Carrots & Cucumber) Brown Rice Miso Soup w/ Onions & Daikon Fresh Sliced Apples
9 <i>"Indigenous Peoples' Day"</i>  CLOSED	10 Chicken Curry (Beef w/ Curry Sauce & Rice) Salad w/ Kale, Tomatoes, G. Onion, Broccoli & Onions Fukujinzuke & Takuan Miso Soup w/ Carrots & Crab Mandarin Orange	11 Saba Shioyaki w/ Daikon Oroshi Nimono w/ Daikon, Konnyaku, Carrots & Chikuwa Ao Kappa Miso Soup w/ Squash & Arugula Brown Rice Apples w/ Greek Yogurt & Granola	12 Chicken Karaage Donburi (Crispy Fried Chicken Pieces w/ Savory Sauce, Mayo, Kizami Nori, & Green Onions over Rice) Eggplant Nibitashi Salad w/ Spinach, Broccoli, Tomato, & Bell Peppers Miso Soup w/ Cod & Onion, Orange	13 Sandwich w/ White & Wheat Bread, Ham, Tomatoes, Cucumber, Carrots, Potatoes, Green Leaf Lettuce & Eggs) Clear Soup w/ Vegetable (Cabbage, Onion, Tomatoes & Potatoes) Apples
16 Yakiudon & Gyoza w/ Chicken, Onion, Carrots & Bean Sprouts Salad w/ Kale, Broccoli & Carrot Miso Soup w/ Tofu & Onions Banana	17 Salmon Butter-Yaki w/ Lemon Salad w/ Avocado, Arugula & Tomatoes), Tamagoyaki Ao Kappa & Takuan Brown Rice Miso Soup w/ Spinach & Turnip Mandarin Orange	18 Oden w/ Chicken, Daikon, Tofu, Carrots, Konnyaku, Gobo, & Eggs Spinach Goma-Ae Rice Miso Soup w/ Tofu & Wakame Orange	19 Fish & Chips Salad w/ Cabbage, Bell Pepper & Tomatoes Clam Chowder Orange	20 Chicken Toji Udon w/ Chicken, Eggs, Onion & G. Onion) Kabocha Nitsuke Green Bean Goma-Ae Pears & Cream Puff
23 Spaghetti Meat Sauce w/ Beef Sausage, Bacon, Mushrooms, Bell Peppers, Onions & Parmesan Garlic Toast Salad w/ Kale, Broccoli, Radish, & Dried Apricot Miso Soup w/ Hijiki & Carrot Melon	24 Shogayaki (Ginger Pork) Takuan & Shibazuke Salad w/ Kale, Spinach, Carrots, Tomatoes, Green Onions, Radish, Bell Pepper, & Dried Cranberries Miso Soup w/ Cress & Tofu Rice Sliced Apples	25 Salmon Shioyaki w/ Daikon Oroshi & Lemon, Kimpira Gobo Salad w/ Spinach, Tomatoes, Kale, Carrots & Pepitas Brown Rice Miso Soup w/ Carrots & Mizuna Banana	26 Ten-Don (Tempura Cod, Shrimp, Carrot, Broccoli, Okra, Lotus Root, Kabocha, Bell Pepper, & Shiso Over Rice w/ Sauce) Spinach Nibitashi Ao Kappa & Shibazuke Miso Soup w/ Green Onion & Narutomaki Banana	27 Gyoza & Fried Rice Salad w/ Arugula, Spinach, Carrots & Onions Miso Soup w/ Tofu & Wakame Banana
30 Sukiyaki (Beef Hot Pot w/ Tofu, Udon, Shimeji Mushrooms, Onions, Chinese Cabbage, Green Onion) Salad w/ Tomatoes, Arugula, Broccoli, Corn, Onions Rice Miso Soup w/ Mitsuba & Crab Mandarin Orange	31 Kaki Fry (Fried Oysters) Hijiki Gomoku-Ni (Seaweed Salad w/ Carrots, Abura-Age, Konnyaku, & Lotus Root) Salad w/ Spinach, Tomato, Carrot, Broccoli, Cauliflower, & Bell Pepper Umeboshi & Takuan Brown Rice Sliced Apples	