

**Meiji Kai Lunch Program  
At Kawabe Memorial House  
2024**

*The menu might be changed without notice*

**Dine in Recommended 60 and Older Take out - \$8**  
**Suggested Donation 60 and Older Dine In - \$5**  
**Under 60 Take out - \$12, Under 60 Dine In - \$10**  
 Please make a reservation 2 days in advance by calling 206-322-4550  
 Or e-mailing [lunch@kawabehouse.org](mailto:lunch@kawabehouse.org)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b> Sukiyaki (Beef, Onions, Tofu, Cabbage, Konnyaku, Enoki Mushrooms, & Green Onion) Salad w/ Arugula, Spinach, Bell Pepper, G. Onion Miso Soup w/ Taro & Corn Brown Rice, Bananas	<b>2</b> Shogayaki (Ginger Pork) Salad w/ Arugula, Kale, Spinach, Carrots, Tomatoes, G.Onions, Radish, Bell Pepper, Broccoli, Raisins & Pine Nuts Miso Soup w/ Kabocha & Mitsuha Rice Apple Slices	<b>3</b> Futo-Maki and Inari Sushi w/ Shiitake, Spinach, Eggs & Ginger Green Bean Goma-Ae & Edamame Miso Soup w/ Squash & Cod Orange w/ Cream Puff
<b>6</b> Chicken Curry (Chicken w/ Curry Sauce & Rice) w/ Tomato Wedge Fukujinzuke Kale Salad w/ Arugula, Carrots, Bell Peppers, Beets & Dried Cranberries Miso Soup w/ Parsnips & Takana Apple Slices w/ Whipped Cream	<b>7</b> Yakiudon & Gyoza w/ Udon Noodles, Onion, Cabbage, Carrot & Pork Salad w/ Broccoli, Spinach & Bell Pepper Miso Soup w/ Tofu & Onions Apple Slices	<b>8</b> Salmon Shioyaki Tamago-yaki Salad w/ Spinach, Broccoli, Tomato, Bell Pepper, Radish, & Crispy Onions Brown Rice Osuimono w/ Mitsuha & Crab Apple Slices w/Greek Yogurt	<b>9</b> Yakiniiku Beef Donbri w/ Beef, Onion, Eggs Salad w/ Kale, Tomatoes, Carrot & Spinach Miso Soup w/ Onion & Tofu Rice Melon	<b>10</b> Saba Shioyaki w/ Daikon Oroshi & Lemon Komatsuna & Abura-Age Nibitashi Tamagoyaki Miso Soup w/ Squash & Mizuna Rice Mixed Fruits w/ Honey & Whipped Cream
<b>13</b> Kaki Fry (Panko Crusted Fried Oysters) Salad w/ Spinach, Kale, Tomato, Carrot, Radish, & Crispy Onions Nasu Dengaku Brown Rice Miso Soup w/ Gobo & Hijiki Fresh Mandarin Orange	<b>14</b> Chicken Karaage Donburi (Crispy Fried Chicken w/ Savory Sauce, Mayo, Kizami Nori & Green Onions over Rice) Arugula Salad w/ Tomatoes, Bell Peppers, Broccoli, Radish & Apple Miso Soup w/ Carrot & G. Onion Mixed Fruits w/ Greek Yogurt	<b>15</b> Fish & Chips Salad w/ Cabbage, Bell Pepper & Tomatoes Clam Chowder Sliced Banana	<b>16</b> Sandwich w/ White & Wheat Bread, Ham, Tuna, Tomatoes, Cucumber, Carrots, Potatoes, Green Leaf Lettuce & Eggs) Edamame Fresh Grapes	<b>17</b> Teriyaki Salmon w/ Takuan Daikon Nimono w/ Carrots, Snow Peas & Lotus Root Futomaki-Zushi (Sushi w/ Tamagoyaki, Kanpyo, & Spinach) Miso Soup w/ Turnip & Turnip Greens, Rice Apple Slices
<b>20</b> Aji Fry (Japanese Horse Mackerel) w/ Lemon, & Tartar Sauce Salad w/ Arugula, Kale, Pepitas, Tomato, Broccoli, G. Onions & Carrot Miso Soup w/ Crab & Carrot Rice Apple Slices w/ Greek Yogurt	<b>21</b> Niku-Jaga (Beef and Potato Stew) w/ Onions Spinach Goma-Ae Rice Miso Soup w/ Tofu & Wakame Apple Slices	<b>22</b> Ten Don (Tempura Carrot, Onion, Green Beans, Broccoli, Lotus, Cod, Shrimp, & Sweet Potato over Rice) Spinach Goma-Ae Miso Soup w/ Mitsuha & Crab Orange Wedges	<b>23</b> Oden (Egg, Konnyaku, Daikon, Konbu, Carrot, Shiitake, Kamaboko, Narutomaki, Chikuwa, Satsuma-age, Abura-age, Atsu-age, & Fish Balls) Spinach Ohitashi Rice Japanese Pickles Orange	<b>24</b> Saba Nanban-Zuke (Fried Mackerel in a Sour, Slightly Spicy Sauce) w/ Carrots, Onions, Daikon & Lemon Spring Mix Salad w/ Tomatoes, Green Onions, Red Bell Peppers, Broccoli & Pepitas Green Pea, Brown Rice Miso Soup w/ Daikon & Wakame Mandarin Orange w/ Cream Puff
 <b>27</b> CLOSED Memorial Day	<b>28</b> Ika Tempura (Crispy Calamari w/ Lemon & Mayo) Spinach Goma-Ae Salad w/ Arugula, Spinach, Broccoli, Carrot, Radish & Bell Pepper Sunomono w/ Onion & Cucumber, Rice Miso Soup w/ Corn & Cod Bananas	<b>29</b> Ton Katsu (Crispy Pork Cutlet) Potato Salad w/ Arugula, Kale, Broccoli, Tomatoes, Carrots, & Dried Cranberries Takuan & Shibazuke Miso Soup w/ Cod, Onion & Carrot Brown Rice Sliced Apples	<b>30</b> Spaghetti Meat Sauce (Beef, Spaghetti, Tomato Sauce, & Cheese) w/ Vegetable Croquette Salad w/ Broccoli, Spinach, Kale & Tomatoes Vegetable Clear Soup Garlic Toast Orange	<b>31</b> Ginger Pork (Shogayaki ) Salad w/ Arugula, Kale, Spinach, Carrots, Tomatoes, G. Onions, Radish, Bell Pepper, Broccoli, Raisins & Pine Nuts Miso Soup w/ Kabocha & Mitsuha Rice Apple Slices