

**Meiji Kai Lunch Program  
At Kawabe Memorial House  
2024**




*Dine in Recommended **60 and Older Take out - \$8***

***Suggested Donation 60 and Older Dine In - \$5***

***Under 60 Take out- \$12, Under 60 Dine In - \$10***

*Please make a reservation 2 business days in advance by calling  
206-322-4550 Or e-mailing [lunch@kawabehouse.org](mailto:lunch@kawabehouse.org)*

*Menu might be changed without notice*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
   <h1 align="center">AUGUST</h1>				
<b>1</b> Catering  <b>Sweet and Sour Chicken Mixed Veggies Rice Miso Soup Fruit</b>	<b>2</b> Catering  <b>Black Bean Sauce with Chicken Garlic Bok Choy Rice Miso Soup Fruit</b>			
<b>5</b> Pork Yakisoba & Gyoza w/ Carrots, Onions, Cabbage Ao-Nori, & Kizami Shoga Miso Soup w/ Cod & Spinach Inari-sushi (Rice Stuffed Bean Curd) Fresh Watermelon	<b>6</b> Kaki Fry (Oysters) Salad w/ Tomatoes, Carrots, Green Leaf Lettuce, Yellow Bell Peppers, & Radish Spinach Goma-Ae Miso Soup w/ Tofu & G. Onions Rice Orange Wedges	<b>7</b> Salmon Teriyaki Nimono w/ Gobo, Konnyaku, Carrots & Renkon Tamago-yaki Salad w/ Kale, Tomato, & Broccoli, Brown Rice Osuimono w/ Mustard Green & Crab Sliced Apples	<b>8</b> Spaghetti Meat Balls (Beef, Spaghetti, Tomato Sauce & Cheese) Salad w/Broccoli, Spinach, Kale & Tomatoes Vegetable Clear Soup Garlic Toast Sliced Apples	<b>9</b> Hiyashi Chuka (Cold Noodles w/ Chicken, Shrimp, Ham, Egg, Green Onions, Red Bell Pepper, Tomatoes, Spinach & Cucumber) Ao Kappa & Takuan Miso Soup w/ Carrot & Hijiki Orange Wedges
<b>12</b> Saba Shioyaki w/ Daikon Oroshi & Lemon Komatsuna Nibitashi w/ Abura-Age Ao Kappa & Takuan Miso Soup w/ Squash & Mizuna Brown Rice Banana	<b>13</b> Chicken Karaage Donburi (Crispy Fried Chicken w/ Savory Sauce, Mayo, Kizami Nori & Green Onions over Rice) Arugula Salad w/ Tomatoes, Bell Peppers, Broccoli, & Radish Miso Soup w/ Carrot & G. Onion Apple Slices	<b>14</b> Sandwich w/ Eggs, Potatoes, Tuna, Ham, Tomatoes, Lettuce & Cucumber Edamame Orange	<b>15</b> Aji Fry (Japanese Horse Mackerel) w/ Shredded Cabbage & Lemon Nimono w/ Daikon, Carrots, & Konnyaku Miso Soup w/ Carrot & Crab Rice Banana	<b>16</b> Oden w/ Egg, Konnyaku, Daikon, & Carrot Spinach Ohitashi (Japanese Spinach Salad) Rice Watermelon
<b>19</b> Chicken Curry w/ Potatoes, Carrot, & Onion Salad w/ Cabbage & Bell Peppers Miso Soup w/ Squash & Wakame Rice Sliced Apple	<b>20</b> Tonkatsu (Crispy Pork Cutlet) Kale Salad w/ Spinach, Bell Pepper, Green Onion, Tomato & Broccoli Miso Soup w/ Carrot & Takana Rice Orange Wedges	<b>21</b> Shogayaki (Ginger Pork) Takuan & Shibazuke Salad w/ Kale, Spinach, Carrots, Tomatoes, Green Onions, Radish, Bell Pepper, & Dried Cranberries Miso Soup w/ Cress & Tofu Rice Sliced Apple	<b>22</b> Salmon Bata-Yaki (Butter Grilled Salmon, Kimpira Gobo w/ Gobo & Carrots) Salad w/ Arugula, Carrots, Pepper Miso Soup w/ Spinach & Narutomaki Rice Watermelon	<b>23</b> BBQ Pork Ribs Salad w/ Broccoli, Kale, & Tomatoes Brown Rice Miso Soup w/ Spinach & Carrots Banana
<b>26</b> Fish (Cod) & Chips Macaroni Salad w/ Carrots, Kale, Tomatoes, Broccoli, & Spinach Clam Chowder w/ Potatoes, Carrots, Onion, & Celery Apple	<b>27 (</b> Hamburg Steak (Ground Beef & Tofu) Salad w/ Arugula, Broccoli, Bell Pepper & Tomato Rice Miso Soup w/ Daikon & Spinach Sliced Banana	<b>28</b> Niku-Jaga (Pork and Potato Stew w/ Onions) Spinach Goma-Ae Brown Rice Miso Soup w/ Tofu & Wakame Sliced Apple	<b>29</b> Ten-Don (Tempura Carrot, Yam, Green Beans, Broccoli, & Shrimp over Rice) Miso Soup w/ Tofu & Wakame Orange	<b>30</b> Barazushi (Seasoned Rice w/ Shrimp, Carrots, Bamboo Shoot, Shiitake, Snow Peas, Gobo, Hijiki, Abura-Age, Kamaboko, Tobiko, Kinshi Tamago, Kizami Nori, & Beni Shoga) Miso Soup w/ Cod & Carrots Watermelon