






The menu might be changed without notice

**Meiji Kai Lunch Program
At Kawabe Memorial House
2024**

*Dine in Recommended 60 and Older Take out - \$8
Suggested Donation 60 and Older Dine In - \$5
Under 60 Take out- \$12, Under 60 Dine In - \$10
Please make a reservation 2 **business** days in advance by calling
206-322-4550 Or e-mailing lunch@kawabehouse.org*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Oden w/ Chicken, Daikon, Tofu, Carrots, Konnyaku, Gobo, & Eggs Spinach Goma-Ae Brown Rice Orange
↙ Daylight Saving Ends 4 Pork Yakisoba & Gyoza w/ Carrots, Onions, Cabbage Ao-Nori, & Kizami Shoga Miso Soup w/ Cod & Spinach Sliced Apple	5 Fish & Chips Salad w/ Cabbage, Bell Pepper & Tomatoes Clam Chowder Banana	6 Kaki Fry (Fried Oysters) Hijiki Gomoku-Ni (Seaweed Salad w/ Soybeans, Carrots, Abura-Age, Konnyaku, & Lotus Root) Salad w/ Spinach, Tomato, Carrot, Broccoli, Cauliflower, & Bell Pepper Umbeboshi & Takuan Rice Sliced Apples	7 Tonkatsu Potato Salad w/ Kale, Carrot, Broccoli, Bell Pepper, Tomato, Radish, Dried Cranberries, & Green Onion Rice Miso Soup w/ Squash & Wakame Apples	8 Saba Shioyaki Nimono w/ Daikon, Konnyaku, Carrots & Chikuwa Ao Kappa Miso Soup w/ Squash & Arugula Rice Banana
11 VETERAN'S DAY <i>No Meal</i> 	12 Ten-Don (Tempura Cod, Shrimp, Carrot, Broccoli, Okra, Lotus Root, Kabocha, Bell Pepper, & Shiso Over Rice w/ Sauce), Spinach Nibitashi Ao Kappa & Shibazuke Miso Soup w/ Green Onion & Narutomaki Banana	13 Chicken Curry w/ Curry Sauce & Rice Salad w/ Kale, Tomatoes, G. Onion, Broccoli & Onions Fukujinzuke & Takuan Miso Soup w/ Carrots & Crab Orange	14 Nasu & Turkey Itame (Eggplant, Ground Turkey, Onion, Green Bell Pepper) Salad w/ Tomato, Broccoli, & Bell Peppers Brown Rice Sliced Apples	15 Salmon Teriyaki Potato Salad w/Spinach, Red Onion, Carrot, Tomato, & Rice Miso Soup w/ Kabocha & Kale Orange
18 Yaki Udon w/ Pork, Onion, Carrots, Cabbage, & Snow Peas Kabocha Nitsuke Miso Soup w/ Tofu & Onion Sliced Apple	19 Kaki Fry (Fried Oysters) Salad w/ Red Leaf Lettuce, Spinach, Tomato, Broccoli, & Green Onion Brown Rice Miso Soup w/ Carrot & Wakame Orange Wedges	20 Barazushi (Seasoned Rice w/ Shrimp, Carrots, Bamboo Shoot, Shiitake, Snow Peas, Gobo, Hijiki, Abura-Age, Komatsuna, Kamaboko, Tobiko, Kizami Nori & Beni Shoga) Miso Soup w/ Cod & Spinach Sliced Apple	21 <i>Thanksgiving Lunch</i> Roasted Turkey Mashed Potatoes Dressing Turkey Gravy Roasted Kabocha & Green Beans Roll Cranberry Sauce Pumpkin Pie	22 Tonjiru (Pork Miso Stew w/Daikon, Gobo, Sato-Imo, Carrot, Konnyaku, Tofu, Onion & G. Onion) Salad w/ Arugula, Spinach, Broccoli, Carrot, Radish & Bell Pepper Rice, Apple Miso Soup w/ Corn & Cod
25 Aji Fry (Crispy Japanese Horse Mackerel) Salad w/ Kale, Broccoli, Tomato, & Green Onion Brown Rice Miso Soup w/ Carrot & Spinach Sliced Apple	26 Nabeyaki Udon w/ Shrimp, Cod, Carrot, Narutomaki, Chikuwa, Snow Peas, Kabocha, Mustard Greens, Shiitake, & Tenkasu, Rice w/ Umeboshi Banana	27 Ika Tempura (Crispy Calamari w/ Lemon & Mayo) Spinach Goma-Ae Turkey Salad w/Arugula, Tomato, Broccoli & Pepitas Rice Orange	28 No Meal  THANKSGIVING DAY	29 No Meal  THANKSGIVING WEEKEND FLOATING HOLIDAY