## Menu might be changed without notice

Meiji Kai Lunch Program At Kawabe Memorial House 2024 Dine in Recommended <u>60 and Older Take out - \$8</u> <u>Suggested Donation 60 and Older Dine In - \$5</u> <u>Under 60 Take out- \$12, Under 60 Dine In - \$10</u> Please make a reservation 2 business days in advance by calling

206-322-4550 Or e-mailing lunch@kawabehouse.org

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Croquette (Pork, Potatoes &	Saba Shioyaki	Chicken Curry	Sukiyaki (w/ Beef, Nappa Cabbage,	Spaghetti Meat Sauce w/ Beef
Onion)	(Grilled Mackerel)	w/ Curry Sause & Rice	Tofu, Green Onions & Udon Noodles)	Sausage, Bacon, Mushrooms, Bell
and Ika Tempura	Kimpira-Gobo (Braised Burdock Root)	Salad w/ Kale, Tomatoes, G. Onion,	Salad w/ Broccoli & Carrots	Peppers, Onions & Parmesan
Salad w /Broccoli, Spinach, Kale,	Salad w/ Arugula, Radish & Tomato &	Broccoli & Onions	Miso soup w/ Potatoes & Onion	Garlic Toast
Tomatoes & Edamame	Edamame	Fukujinzuke & Takuan	Brown Rice	Salad w/ Kale, Broccoli & Radish
Miso Soup w/ Tofu & Onion	Rice	Miso soup w/ Carrots & Crab	Orange	Veg Soup w/ Tomatoes, Onion &
Rice	Mioso Soup w/ Tofu & Wakame	Banana		Carrots
Sliced Apples	Orange			Banana
9	10	11	12	13
Yakiniku Beef Donbri	Chicken Karaage Donburi (Crispy	Tonkatsu	Salmon Butter-Yaki w/ Lemon	Futo-Maki and Inari Sushi w/
w/ Beef, Onion, Eggs	Fried Chicken Pieces w/ Savory Sauce,	Potato Salad w/ Kale, Carrot,	Salad w/ Arugula & Tomatoes)	Shiitake, Spinach, Eggs & Ginger
Salad w/ Kale, Tomatoes, Carrot	Mayo, Kizami Nori, & Green Onions	Broccoli, Bell Pepper, Tomato,	Tamagoyaki	Green Bean Goma-Ae &
& Spinach	over Rice)	Radish, Dried Cranberries, & Green	Ao Kappa & Takuan	Edamame
Miso Soup w/ Onion & Tofu	Eggplant Nibitashi	Onion, Rice	Brown Rice	Miso Soup w/ Squash & Cod
Rice	Salad w/ Spinach, Broccoli, Tomato,	Miso Soup w/ Squash & Wakame	Miso Soup w/ Spinach & Daikon	Banana
Banana	Carrots, Bell Peppers, Radish, G. Onion	Apples	Mandarin Orange	Danana
Danana	Miso Soup w/ Gobo & Shiso	Apples	Manuar in Orange	
	Orange			
16	17	18	19	20
Fish Cod & Ika Fry (Crispy	Hamburger Steak (Ground Beef &	Saba Miso-Ni (Miso Simmered	Aji Fry (Crispy Fried Japanese Horse	Sandwich w/ White & Wheat
Panko Fried Cod & Squid)	Tofu)	Mackerel)	Mackerel)	Bread, Ham, Tomatoes,
Salad w/ Kale, Spinach, Tomato,	Salad w/ Arugula, Broccoli, Green	Salad w/ Kale, Broccoli, Bell Pepper,	Salad w/ Arugula, Kale, Pepitas,	Cucumber, Carrots, Potatoes,
Carrots & Dried Cranberries	Onions, Bell Peppers, & Pepitas	Carrot, Tomato, Red Onion &	Tomato, Broccoli, G. Onions, Carrot &	Green Leaf Lettuce & Eggs)
Miso Soup w/ Potatoes, Onion &	Rice	Pepitas	Edamame	Clear Soup w/ Vegetable
Tofu	Miso Soup w/ Carrot & Spinach	Miso Soup w/ Kabocha & G. Onion	Miso Soup w/ Carrot & Crab	(Cabbage, Onion, Tomatoes,
Rice	Apple	Brown Rice	Rice	Potatoes & Edamame)
Orange		Banana	Orange	Apple
23	24	25	26	27
Kaki Fry (Panko Crusted Fried	Oden w/ Chicken, Daikon, Tofu,		Fish & Chips	Shogayaki (Ginger Pork)
Ovsters)	Carrots, Konnyaku, Gobo, & Eggs	CLOSED	Salad w/ Cabbage, Bell Pepper &	Salad w/ Arugula, Kale, Spinach,
Salad w/ Spinach, Kale, Tomato,	Broccoli and Spinach Goma-Ae		Tomatoes	Carrots, Tomatoes, G. Onions,
Carrot, Radish, & Crispy Onions	Rice		Clam Chowder	Radish, Bell Pepper, Broccoli,
Brown Rice	Banana		Orange	Raisins, & Pine Nuts
Miso Soup w/ Gobo &Wakame	Dununu		Orange	Miso Soup w/ Kabocha & Onion
Umeboshi & Fresh Orange				Rice
chiefoni w Fresh Orunge	Christmas Eve	Christmas Day	-	Apple Slices
30	31			
Salmon Shioyaki w/ Lemon,	Ten-Don (Tempura Cod, Shrimp,		al the first the second s	
Kimpira Gobo	Carrot, Broccoli, Okra, Lotus Root,			SE SE
Salad w/ Spinach, Tomatoes,				
Kale, Carrots & Pepitas	Kabocha, Bell Pepper & Shiso Over			
Brown Rice	Rice w/ Sauce), Spinach Nibitashi			
Miso Soup w/ Carrots, Potatoes	Ao Kappa & Shibazuke			- 💦 🛲 🗰 🔅
& Onion	Miso Soup w/ Green Onion &		MURICIAN	And
Banana	Narutomaki, Apples			
	New Year's Eve		7	