

Meiji Kai Lunch Program
At Kawabe Memorial House

2025

The menu might be changed without notice

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Oden (Egg, Konnyaku, Daikon, Konbu, Carrot, Shiitake, Kamaboko, Narutomaki, Chikuwa, Satsuma-age, Abura-age, Atsu-age, & Fish Balls) Spinach Ohitashi Rice Sliced Apples	4 Spaghetti Meat Balls (Beef, Spaghetti, Tomato Sauce, Cheese) Salad w/ Broccoli, Spinach, Kale & Tomatoes Vegetable Clear Soup Garlic Toast Sliced Apples	5 Sukiyaki (Beef, Onions, Tofu, Cabbage, Konnyaku, Enoki Mushrooms, Udon Noodles & Green Onion) Salad w/ Arugula, Spinach, Bell Pepper, G. Onion, & Bacon Bits Miso Soup w/ Taro & Corn Rice Orange Wedges	6 Chicken Karaage Donburi (Crispy Fried Chicken Pieces w/ Savory Sauce, Mayo, Kizami Nori, & Green Onions over Rice) Salad w/ Spinach, Broccoli, Carrot, Bell Pepper & Pepitas Miso Soup w/ Gobo & G. Onion Bananas	7 Sandwich w/ White & Wheat Bread, Ham, Tuna, Tomatoes, Cucumber, Carrots, Potatoes, Green Leaf Lettuce & Eggs) Edamame Clam Chowder Sliced Apples
10 Ton Katsu (Crispy Pork Cutlet) Potato Salad w/ Kale, Carrot, Broccoli, Bell Pepper, Tomatoes, Radish, & Dried Cranberries & Green Onion, Brown Rice Miso Soup w/ Squash & Wakame Orange Wedges	11 Saba Shioyaki (Grilled Mackerel) Kimpira Gobo Salad w/ Arugula, Radish, Bell Pepper, Pepitas, & Cranberries Japanese Pickles Miso Soup w/ Squash & Spinach Rice Bananas	12 Oyakodon (Chicken, Onions & Eggs Over Rice) Dengaku (Eggplant & Miso) Miso Soup w/ Spinach & Squash Orange Wedges	13 Shogayaki (Ginger Pork) Salad w/ Arugula, Kale, Spinach, Carrots, Tomatoes, G.Onions, Radish, Bell Pepper, Broccoli, Raisins & Pine Nuts Miso Soup w/ Kabocha & Mitsuba Rice Bananas	14 Salmon Shioyaki Nimono w/ Gobo, Carrots & Renkon Tamago-yaki Salad w/ Kale, Tomato, & Broccoli Rice Osuimono w/ Mustard Green & Crab Sliced Apples
17 Chicken Curry (Chicken w/ Curry Sauce & Rice) w/ Tomato Wedge Fukujinzuke Kale Salad w/ Arugula, Carrots, Bell Peppers Miso Soup w/ Parsnips & Takana Sliced Apples	18 Aji Fry (Crispy Japanese Horse Mackerel) Yakisoba Noodles Salad w/ Kale, Broccoli, Tomato, & Green Onion Brown Rice Miso Soup w/ Carrot & Spinach Orange Wedges	19 Yakiniku Beef Donburi w/ Beef, Onion, Eggs over Rice Salad w/ Kale, Tomatoes, Carrot & Spinach Miso Soup w/ Onion & Tofu Sliced Apples	20 Ten Don (Tempura Shrimp, Broccoli, Bell Pepper, Green Beans, Onions, Yam & Carrots Over Rice w/ Sweet Sauce & Takuan) Miso Soup w/ Spinach, Carrots & Onions, Takuwan Salad w/ Kale, Arugula, Radish, Bell Pepper Orange Wedges	21 Nabeyaki Udon w/ Shrimp, Cod, Carrot, Narutomaki, Chikuwa, Snow Peas, Kabocha, Mustard Greens, Shiitake, & Tenkasu Rice w/ Umeboshi Bananas
24 <i>Catering</i>	25 <i>Catering</i>	26 <i>Catering</i>	27 <i>Catering</i>	28 <i>Catering</i>
31 Niku-Jaga (Beef and Potato Stew w/ Onions) Spinach Goma-Ae Rice Miso Soup w/ Tofu & Wakame Orange	<p align="center"><i>Dine in Recommended</i> <i>60 and Older Take out - \$8</i> <i>Suggested Donation 60 and Older Dine In - \$5</i> <i>Under 60 Take out- \$12</i> <i>Under 60 Dine In - \$10</i></p> <p align="center"><i>Please make a reservation 2 business days in advance by calling 206-322-4550 Or e-mailing lunch@kawabehouse.org</i></p>			

