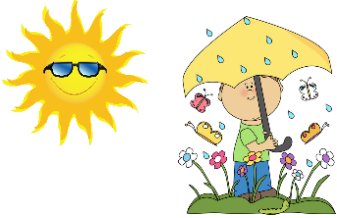


Menu might be changed without notice

**Meiji Kai Lunch Program
At Kawabe Memorial House
2025**

*Dine in Recommended, 60 and Older Take out - \$8
Suggested Donation 60 and Older Dine In - \$5
Under 60 Take out \$12, Under 60 Dine In - \$10
Please make a reservation 2 business days in advance by calling 206-322-4550 Or e-mailing lunch@kawabehouse.org*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>1 Spaghetti Meat Sauce (Beef, Spaghetti, Tomato Sauce, Cheese) Salad w/ Kale, Carrots, Broccoli & Pepitas Miso Soup w/ Daikon & Wakame Orange</p>	<p>2 Yakiudon & Gyoza w/ Onion, Cabbage, Carrot & Pork Salad w/ Broccoli, Spinach & Bell Pepper Miso Soup w/ Tofu & Onions Apple Slices</p>	<p>3 Sukiyaki (Beef, Onions, Tofu, Cabbage, Konnyaku, Enoki Mushrooms, Udon Noodles & Green Onion) Salad w/ Arugula, Spinach, Bell Pepper, G. Onion, & Bacon Bits Miso Soup w/ Taro & Corn Rice, Bananas</p>	<p>4 Barazushi (Seasoned Rice w/ Shrimp, Carrots, Bamboo Shoot, Shiitake, Snow Peas, Gobo, Hijiki, Abura-Age, Kamaboko, Tobiko, Kinshi Tamago, Kizami Nori, & Beni Shoga) Miso Soup w/ Cod & Carrots Orange Wedges</p>
<p>7 Chicken Curry (Chicken w/ Curry Sauce & Rice) w/ Tomato Wedge Fukujinzuke Kale Salad w/ Arugula, Carrots, Bell Peppers & Beets Miso Soup w/ Parsnips & Takana Apple Slices</p>	<p>8 Ton Katsu (Crispy Pork Cutlet) Potato Salad w/ Kale, Carrots, Broccoli, Bell Pepper, Tomatoes & Radish & Green Onion Miso Soup w/ Squash & Wakame Rice Orange Wedges</p>	<p>9 Aji Fry (Crispy Japanese Horse Mackerel) Spinach Goma-Ae Salad w/ Kale, Broccoli, Tomato, & Green Onion Brown Rice Miso Soup w/ Carrot & Spinach Sliced Apple</p>	<p>10 Ten Don (Tempura Shrimp, Green Beans, Onions, Yam & Carrots Over Rice w/ Sweet Sauce) Miso Soup w/ Spinach, Carrots, Onions & Edamame Salad w/ Kale, Arugula, Radish & Bell Pepper Banana</p>	<p>11 Sandwich w/ White & Wheat Bread, Ham, Tuna, Tomatoes, Cucumber, Carrots, Potatoes, Green Leaf Lettuce & Eggs) Edamame Sliced Apple</p>
<p>14 Oyakodon (Chicken, Onions & Eggs Over Rice) Dengaku (Eggplant & Miso) Miso Soup w/ Spinach & Squash Orange Wedges</p>	<p>15 Salmon Butter-yaki Salad w/ Arugula, Kale, Broccoli, & Carrot Kimpira Gobo, Tamago Yaki Brown Rice Miso Soup w/ Lotus Root & Hijiki Banana</p>	<p>16 Chicken Karaage Donburi (Crispy Fried Chicken w/ Savory Sauce, Mayo, Kizami Nori & Green Onions over Rice) Arugula Salad w/ Tomatoes, Bell Peppers, Broccoli, Radish & Apple Miso Soup w/ Carrot & G. Onion Orange</p>	<p>17 Saba Shioyaki w/ Lemon Sunomono Spinach Salad w/ Tomato & Broccoli Miso Soup w/ Carrot & Wakame Rice Apple Slices</p>	<p>18 Sweet & Sour Chicken w/ Onion, Broccoli, Carrots, Bell Pepper & Pineapple Salad w/ Arugula & Edamame Rice Miso Soup w/ Tofu, Onion & Wakame Apple Slices</p>
<p>21 Kaki Fry (Panko Crusted Fried Oysters) Salad w/ Spinach, Kale, Tomato, Carrot & Radish Nasu Dengaku Rice Miso Soup w/ Gobo & Hijiki Banana</p>	<p>22 Yakisoba (Pork & Vegetables) Inari-zushi (Fried Tofu Pockets Filled w/ Sushi Rice) Miso Soup w/ Carrots & Spinach Orange Wedges</p>	<p>23 Niku-Jaga (Beef and Potato Stew) w/ Onions Spinach Goma-Ae Rice Miso Soup w/ Tofu & Wakame Apple Slices</p>	<p>24 Oden (Egg, Konnyaku, Daikon, Konbu, Carrot, Shiitake, Kamaboko, Narutomaki, Chikuwa, Satsuma-age, Abura-age, Atsu-age, & Fish Balls) Spinach Ohitashi Rice, Japanese Pickles Orange</p>	<p>25 Salmon Shioyaki w/ Daikon Oroshi & Lemon Kimpira Gobo Salad w/ Spinach, Tomatoes, Kale, Carrots & Pepitas Brown Rice Miso Soup w/ Carrots & Mizuna Banana</p>
<p>28 Yakiniku Beef Donbri w/ Beef, Onion, Eggs Salad w/ Tomatoes, Arugula & Cucumber Miso Soup w/ Onion & Tofu Rice Banana</p>	<p>29 Fish & Chips Green Veggie Salad w/ Carrots, Kale & Tomatoes Clam Chowder Orange Wedges</p>	<p>30 Saba & Cod Nanban w/ Onion, Bell Pepper, Carrots & Green Peas Salad w/ Arugula, Tomatoes & Spinach Miso Soup w/ Onion & Potatoes Brown Rice, Banana</p>	