



**Meiji Kai Lunch Program
At Kawabe Memorial House
2025**

Please note the menu may change without notice

Dine in Recommended, 60 and Older Take out - \$8
Suggested Donation 60 and Older Dine In - \$5
Under 60 Take out \$12, Under 60 Dine In - \$10
 Please make a reservation **2 business days** in advance by calling 206-322-4550 Or e-mailing lunch@kawabehouse.org

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	1 Ika Tempura with Croquette (Pork, Potatoes, and Onion) Salad w/ Broccoli, Spinach, Kale & Tomatoes Miso Soup w/ Tofu & Carrots Rice Sliced Apples	2 Oden (Egg, Konnyaku, Daikon, Konbu, Carrot, Shiitake, Kamaboko, Narutomaki, Chikuwa, Satsuma-age, Abura-age, Atsu-age, & Fish Balls) Spinach Ohitashi Brown Rice Japanese Pickles Banana	3 Futo-Maki and Inari Sushi w/ Shiitake, Spinach, Eggs & Ginger Green Bean Goma-Ae & Edamame Miso Soup w/ Squash & Cod Orange	4 CLOSE  Independence Day	
	7 Aji Fry (Crispy Panko Fried Japanese Horse Mackerel) Potato Salad w/ Carrots, Corn & Cucumber Miso Soup w/ Shimeji Mushrooms & Komatsuna Brown Rice Sliced Apples	8 Hiyashi Chuka (Cold Noodles w/ Chicken, Shrimp, Ham, Egg, Green Onions, Red Bell Pepper, Tomatoes, Spinach & Cucumber) Ao Kappa & Takuan Miso Soup w/ Carrot & Hijiki Orange Wedges	9 Hamburg Steak (Ground Beef & Tofu) Salad w/ Arugula, Broccoli, Bell Pepper & Tomato Rice Miso Soup w/ Daikon & Spinach Sliced Banana	10 Chicken Karaage Don (Crispy Fried Chicken Pieces w/ Savory Sauce, Mayo, Kizami Nori, & Green Onions over Rice) Salad w/ Green Leaf, Tomatoes, Arugula, & Carrots Miso Soup w/ Carrot & G. Onion Sliced Apples	11 Oyakodon (Chicken, Onions & Eggs Over Rice) Dengaku (Tofu, Eggplant & Miso) Miso Soup w/ Spinach & Squash Orange Wedges
	14 Kaki Fry (Oysters) Salad w/ Tomatoes, Carrots, Green Leaf Lettuce, Yellow Bell Peppers, & Radish Spinach Goma-Ae Miso Soup w/ Tofu & G. Onions Rice Orange Wedges	15 Chicken Curry (Chicken w/ Curry Sauce & Rice) w/ Tomato Wedge Fukujinzuke Salad w/ Kale, Spinach, & Carrots Osuimono w/ Cod & Onion Watermelon	16 Teriyaki Salmon w/ Takuan Daikon Nimono w/ Carrots, Snow Peas & Lotus Root Miso Soup w/ Turnip & Turnip Greens, Rice Apple Slices	17 Sandwich w/ Eggs, Potatoes, Tuna, Ham, Tomatoes, Lettuce & Cucumber Salad w/ Broccoli, Tomatoes & Kale Banana	18 Gyoza & Fried Rice Salad w/ Spinach, Kale, Dried Apricots, Broccoli, Tomato, Green Onions, & Radish Miso Soup w/ Crab, Carrots, & Wakame Watermelon
	21 Saba Shioyaki w/ Daikon Oroshi & Lemon Nimono w/ Kabocha Miso Soup w/ Squash & Mizuna Rice Watermelon	22 Hakusai Cabbage Rolls (Simmered Napa Cabbage Rolls Stuffed w/ Ground Beef & Pork) Nimono w/ Daikon, Snow Peas, Kabocha & Lotus Root Miso Soup w/ Carrots & Beet Greens Japanese Pickle, Rice Orange Wedges	23 Tonkatsu (Crispy Pork Cutlet) Kale Salad w/ Spinach, Bell Pepper, Green Onion, Tomato & Broccoli Miso Soup w/ Carrot & Takana Brown Rice Apple	24 Tempura (Carrot, Onion, Green Beans, Broccoli, Lotus, Kale, Shrimp, & Sweet Potato) Miso Soup w/ Mitsuha & Crab Umeboshi Rice Banana	25 Salmon Shioyaki Tamago-yaki Salad w/ Spinach, Broccoli, Tomato, Bell Pepper & Radish Rice Osuimono w/ Mitsuha & Crab Apple Slices
	28 Hayashi Rice (Beef and Vegetable) Spring Mix Salad w/ Tomatoes, Bell Peppers, Carrots, Beets & Dried Apricots Miso Soup w/ Yam & Mizuna Rice Orange Wedges	29 Spaghetti Meat Sauce (Beef, Spaghetti, Tomato Sauce, Cheese) Salad w/ Kale, Spinach, Tomatoes & Onion Miso Soup w/ Carrots & Onions Garlic Toast Sliced Apples	30 Sukiyaki (Beef, Onions, Tofu, Cabbage, Konnyaku, Enoki Mushrooms, Udon Noodles & Green Onion) Salad w/ Arugula, Spinach, Bell Pepper, G. Onion & Bacon Bits Miso Soup w/ Taro & Corn Rice Bananas	31 Chicken Teriyaki Don w/ Onion, Pepper, Carrot, Spinach, Cabbage Salad w/ Arugula & Spinach Rice Orange Wedges	