



Meiji Kai Lunch Program
At Kawabe Memorial House
2025

Menu might be changed without notice

Dine in Recommended, 60 and Older Take out - \$8
Suggested Donation 60 and Older Dine In - \$5
Under 60 Take out \$12, Under 60 Dine In - \$10
Please make a reservation **2 business days** in advance by calling
206-322-4550 Or e-mailing lunch@kawabehouse.org

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 				
4	5	6	7	8
Pork Yakisoba & Gyoza w/ Carrots, Onions, Cabbage Ao-Nori, & Kizami Shoga Miso Soup w/ Cod & Spinach Inari-sushi (Rice Stuffed Bean Curd) Fresh Watermelon	Kaki Fry (Oysters) Salad w/ Tomatoes, Carrots, Green Leaf Lettuce, Yellow Bell Peppers, & Radish Spinach Goma-Ae Miso Soup w/ Tofu & G. Onions Rice Orange Wedges	Salmon Teriyaki Nimono w/ Gobo, Konnyaku, Carrots & Renkon Tamago-yaki Salad w/ Kale, Tomato, & Broccoli, Brown Rice Osuimono w/ Mustard Green & Crab Sliced Apples	Spaghetti Meat Balls (Beef, Spaghetti, Tomato Sauce & Cheese) Salad w/Broccoli, Spinach, Kale & Tomatoes Vegetable Clear Soup Garlic Toast Sliced Apples	Hiyashi Chuka (Cold Noodles w/ Chicken, Shrimp, Ham, Egg, Green Onions, Red Bell Pepper, Tomatoes, Spinach & Cucumber) Ao Kappa & Takuan Miso Soup w/ Carrot & Hijiki Orange Wedges
11	12	13	14	15
Saba Shioyaki w/ Daikon Oroshi & Lemon Komatsuna Nibitashi w/ Abura-Age Ao Kappa & Takuan Miso Soup w/ Squash & Mizuna Brown Rice Banana	Chicken Karaage Donburi (Crispy Fried Chicken w/ Savory Sauce, Mayo, Kizami Nori & Green Onions over Rice) Arugula Salad w/ Tomatoes, Bell Peppers, Broccoli, & Radish Miso Soup w/ Carrot & G. Onion Apple Slices	Sandwich w/ Eggs, Potatoes, Tuna, Ham, Tomatoes, Lettuce & Cucumber Edamame Orange	Aji Fry (Japanese Horse Mackerel) w/ Shredded Cabbage & Lemon Nimono w/ Daikon, Carrots, & Konnyaku Miso Soup w/ Carrot & Crab Rice Banana	Oden w/ Egg, Konnyaku, Daikon, & Carrot Spinach Ohitashi (Japanese Spinach Salad) Rice Watermelon
18	19	20	21	22
Chicken Curry w/ Potatoes, Carrot, & Onion Salad w/ Cabbage & Bell Peppers Miso Soup w/ Squash & Wakame Rice Sliced Apple	Tonkatsu (Crispy Pork Cutlet) Kale Salad w/ Spinach, Bell Pepper, Green Onion, Tomato & Broccoli Miso Soup w/ Carrot & Takana Rice Orange Wedges	Shogayaki (Ginger Pork) Takuan & Shibazuke Salad w/ Kale, Spinach, Carrots, Tomatoes, Green Onions, Radish, Bell Pepper, & Dried Cranberries Miso Soup w/ Cress & Tofu Rice Sliced Apple	Salmon Bata-Yaki (Butter Grilled Salmon, Kimpira Gobo w/ Gobo & Carrots) Salad w/ Arugula, Carrots, Pepper Miso Soup w/ Spinach & Narutomaki Rice Watermelon	BBQ Pork Ribs Salad w/ Broccoli, Kale, & Tomatoes Brown Rice Miso Soup w/ Spinach & Carrots Banana
25	26	27	28	29
Fish (Cod) & Chips Macaroni Salad w/ Carrots, Kale, Tomatoes, Broccoli, & Spinach Clam Chowder w/ Potatoes, Carrots, Onion, & Celery Apple	Hamburg Steak (Ground Beef & Tofu) Salad w/ Arugula, Broccoli, Bell Pepper & Tomato Rice Miso Soup w/ Daikon & Spinach Sliced Banana	Niku-Jaga (Pork and Potato Stew w/ Onions) Spinach Goma-Ae Brown Rice Miso Soup w/ Tofu & Wakame Sliced Apple	Ten-Don (Tempura Carrot, Yam, Green Beans, Broccoli, & Shrimp over Rice) Miso Soup w/ Tofu & Wakame Orange	Barazushi (Seasoned Rice w/ Shrimp, Carrots, Bamboo Shoot, Shiitake, Snow Peas, Gobo, Hijiki, Abura-Age, Kamaboko, Tobiko, Kinshi Tamago, Kizami Nori, & Beni Shoga) Miso Soup w/ Cod & Carrots Watermelon