

The menu might be changed without notice

**Meiji Kai Lunch Program**  
**At Kawabe Memorial House**  
**2026**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p><i>Dine in Recommended, 60 and Older Take out - \$8</i>  <i>Suggested Donation 60 and Older Dine In - \$5</i>  <i>Under 60 Take out \$12, Under 60 Dine In - \$10</i>            Please make a reservation 2 business days in advance            by calling 206-322-4550 Or e-mailing <a href="mailto:lunch@kawabehouse.org">lunch@kawabehouse.org</a></p>		<p>1            Niku Tofu (Simmered Beef &amp; Tofu w/ Onions)            Salad w/ Arugula, Spinach, Bell Pepper, G. Onion, &amp; Bacon Bits            Miso Soup w/ Taro &amp; Corn Rice            Orange Wedges</p>
<p>7            Yakiudon &amp; Gyoza w/ Udon Noodles, Onion, Cabbage, Carrot &amp; Pork            Salad w/ Broccoli, Spinach &amp; Bell Pepper            Miso Soup w/ Tofu &amp; Onions            Apple Slices</p>	<p>7            Barazushi (Seasoned Rice w/ Shrimp, Carrots, Bamboo Shoot, Shiitake, Snow Peas, Gobo, Hijiki, Abura-Age, Kamaboko, Tobiko, Kinshi Tamago, Kizami Nori, &amp; Beni Shoga)            Miso Soup w/ Cod &amp; Carrots            Orange Wedges  <i>Cinco De Mayo / Children's Day</i></p>	<p>6            Niku-Jaga (Beef and Potato Stew) w/ Onions            Spinach Goma-Ae Rice            Miso Soup w/ Tofu &amp; Wakame Bananas</p>	<p>7            Teriyaki Salmon w/ Takuan Daikon Nimono w/ Carrots, Snow Peas &amp; Lotus Root  <i>Futomaki-Zushi (Sushi w/ Tamago-yaki, Kanpyo, &amp; Spinach)</i>            Miso Soup w/ Turnip &amp; Turnip Greens, Rice            Apple Slices</p>	<p>8            Saba Shioyaki w/ Daikon Oroshi &amp; Lemon            Komatsuna &amp; Abura-Age Nibitashi Tamagoyaki            Miso Soup w/ Squash &amp; Mizuna Rice            Bananas</p>
<p>11            Kaki Fry (Panko Crusted Fried Oysters)            Salad w/ Spinach, Kale, Tomato, Carrot, Radish, &amp; Crispy Onions            Nasu Dengaku            Brown Rice, Orange            Miso Soup w/ Gobo &amp; Hijiki  <i>← Mother's Day</i></p>	<p>12            Chicken Karaage Donburi (Crispy Fried Chicken w/ Savory Sauce, Mayo, Kizami Nori &amp; Green Onions over Rice)            Arugula Salad w/ Tomatoes, Bell Peppers, Broccoli, Radish &amp; Apple            Miso Soup w/ Carrot &amp; G. Onion            Apple</p>	<p>13            Fish &amp; Chips            Salad w/ Cabbage, Bell Pepper &amp; Tomatoes            Clam Chowder            Sliced Banana</p>	<p>14            Ton Katsu (Crispy Pork Cutlet)            Potato Salad w/ Kale, Carrots, Broccoli, Bell Pepper, Tomatoes, Radish &amp; Green Onion            Miso Soup w/ Squash &amp; Wakame            Brown Rice            Banana</p>	<p>15            Yakiniku Beef Donburi w/ Beef, Onion, Eggs over Rice            Salad w/ Kale, Tomatoes, Carrot &amp; Spinach            Miso Soup w/ Onion &amp; Tofu            Apple</p>
<p>18            Aji Fry (Japanese Horse Mackerel) w/ Lemon, &amp; Tartar Sauce            Salad w/ Arugula, Kale, Pepitas, Tomato, Broccoli, G. Onions &amp; Carrot            Miso Soup w/ Crab &amp; Carrot Rice            Apple Slices</p>	<p>19            Salmon Butter-yaki            Salad w/ Arugula, Kale, Broccoli, Carrot &amp; Edamame            Kimpira Gobo, Tamago Yaki Rice            Miso Soup w/ Carrots &amp; Daikon            Orange</p>	<p>20            Ten Don (Tempura Carrot, Onion, Green Beans, Broccoli, Lotus, Cod, Shrimp, &amp; Sweet Potato over Rice)            Spinach Goma-Ae            Miso Soup w/ Mitsuba &amp; Crab            Apple Slices</p>	<p>21            Ginger Pork (Shogayaki)            Salad w/ Arugula, Kale, Spinach, Carrots, Tomatoes, G. Onions, Radish, Bell Pepper, Broccoli, &amp; Pine Nuts            Miso Soup w/ Kabocha &amp; Mitsuba            Rice            Orange Wedges</p>	<p>22            Saba Nanban-Zuke (Fried Mackerel in a Sour, Slightly Spicy Sauce) w/ Carrots, Onions, Daikon &amp; Lemon            Spring Mix Salad w/ Tomatoes, Green Onions, Red Bell Peppers, Broccoli &amp; Pepitas            Green Pea, Brown Rice            Miso Soup w/ Daikon &amp; Wakame            Bananas</p>
<p>25    <b>CLOSED</b>  <i>Memorial Day</i></p>	<p>26  <b>Beef with Black Mushrooms</b>  <b>Mapu Tofu</b>  <b>Snow Peas</b>  <b>Rice</b>  <b>Salad</b>  <b>Miso Soup</b>  <b>Fruit</b></p>	<p>27  <b>Chicken with Black Bean Sauce</b>  <b>Garlic Green Beans</b>  <b>Rice</b>  <b>Salad</b>  <b>Miso Soup</b>  <b>Fruit</b></p>	<p>28  <b>Sweet &amp; Sour Pork</b>  <b>Chinese Broccoli</b>  <b>Rice</b>  <b>Salad</b>  <b>Miso Soup</b>  <b>Fruit</b></p>	<p>29  <b>Salt &amp; Pepper Fish (Cod)</b>  <b>Bok Choy</b>  <b>Rice</b>  <b>Salad</b>  <b>Miso Soup</b>  <b>Fruit</b></p>