


## Meiji Kai Lunch Program 2026

*Please note the menu may change without notice*

Dine in Recommended, 60 and Older Take out - \$8  
Suggested Donation 60 and Older Dine In - \$5  
Under 60 Take out \$12, Under 60 Dine In - \$10  
 Please make a reservation 2 business days in advance by calling 206-322-4550 Or e-mailing lunch@kawabehouse.org

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b> Niku Tofu (Simmered Beef & Tofu w/ Onions) Salad w/ Arugula, Spinach, Bell Pepper, G. Onion & Bacon Bits Miso Soup w/ Taro & Corn Rice Orange Wedges	<b>2</b> Barazushi (Seasoned Rice w/ Shrimp, Carrots, Bamboo Shoot, Shiitake, Snow Peas, Gobo, Hijiki, Abura-Age, Kamaboko, Tobiko, Kinshi Tamago, Kizami Nori, & Beni Shoga) Miso Soup w/ Cod & Carrots Orange Wedges	<b>3</b> <b>CLOSE</b>  <i>Independence Day (observance)</i>
<b>6</b> Aji Fry (Crispy Panko Fried Japanese Horse Mackerel) Potato Salad w/ Carrots, Corn & Cucumber Miso Soup w/ Shimeji Mushrooms & Komatsuna Brown Rice Sliced Apples	<b>7</b> Hiyashi Chuka (Cold Noodles w/ Chicken, Shrimp, Ham, Egg, Green Onions, Red Bell Pepper, Tomatoes, Spinach & Cucumber) Ao Kappa & Takuan Miso Soup w/ Carrot & Hijiki Orange Wedges	<b>8</b> Wafu (Japanese Style) - Hamburg Steak (Ground Beef & Tofu) Salad w/ Arugula, Broccoli, Bell Pepper & Tomato Rice Miso Soup w/ Daikon & Spinach Sliced Banana	<b>9</b> Chicken Karaage Don (Crispy Fried Chicken Pieces w/ Savory Sauce, Mayo, Kizami Nori, & Green Onions over Rice) Salad w/ Green Leaf, Tomatoes, Arugula, & Carrots Miso Soup w/ Carrot & G. Onion Sliced Apples	<b>10</b> Sandwiches: (1) Egg, (2) Potato, (3) Tuna, (4) Ham, Tomatoes, Lettuce & Cucumber Salad w/ Broccoli, Tomatoes & Kale Banana
<b>13</b> Kaki Fry (Oysters) Salad w/ Tomatoes, Carrots, Green Leaf Lettuce, Yellow Bell Peppers, & Radish Spinach Goma-Ae Miso Soup w/ Tofu & G. Onions Rice Orange Wedges	<b>14</b> Chicken Curry (Chicken w/ Curry Sauce & Rice) w/ Tomato Wedge Fukujinzuke Salad w/ Kale, Spinach, & Carrots Osuimono w/ Cod & Onion Watermelon	<b>15</b> Teriyaki Salmon w/ Takuan Daikon Nimono w/ Carrots, Snow Peas & Lotus Root Miso Soup w/ Turnip & Turnip Greens Brown Rice Apple Slices	<b>16</b> Oyakodon (Chicken, Onions & Eggs Over Rice) Dengaku (Tofu, Eggplant & Miso) Miso Soup w/ Spinach & Squash Orange Wedges	<b>17</b> Gyoza & Fried Rice Salad w/ Spinach, Kale, Broccoli, Tomato, Green Onions, & Radish Miso Soup w/ Crab, Carrots, & Wakame Watermelon
<b>20</b> Saba Shioyaki w/ Daikon Oroshi & Lemon Nimono w/ Kabocha & Carrots Miso Soup w/ Squash & Mizuna Rice Watermelon	<b>21</b> Hakusai Cabbage Rolls (Simmered Napa Cabbage Rolls Stuffed w/ Ground Beef & Pork) Tofu, Spinach & Carrot Goma-Ae Miso Soup w/ Carrots, Onion, & Greens Japanese Pickle, Rice Orange Wedges	<b>22</b> Tonkatsu (Crispy Pork Cutlet) Kale Salad w/ Spinach, Bell Pepper, Green Onion, Tomato & Broccoli Miso Soup w/ Carrot & Takana Brown Rice Apple	<b>23</b> Shogayaki (Ginger Pork) Takuan & Shibazuke Salad w/ Kale, Spinach, Carrots, Tomatoes, Green Onions, Radish & Bell Pepper Miso Soup w/ Cress & Tofu Brown Rice Sliced Apples	<b>24</b> Salmon Shioyaki Tamago-yaki Salad w/ Spinach, Broccoli, Tomato, Bell Pepper & Radish Rice Osuimono w/ Mitsuha & Crab Apple Slices
<b>27</b> Oden (Egg, Konnyaku, Daikon, Konbu, Carrot, Shiitake, Kamaboko, Narutomaki, Chikuwa, Satsuma-age, Abura-age, Atsu-age, & Fish Balls) Spinach Ohitashi Brown Rice Japanese Pickles Sliced Apples	<b>28</b> Chicken Teriyaki Don w/ Onion, Pepper, Carrot, Spinach over Rice Cabbage Salad w/ Arugula & Spinach Orange Wedges	<b>29</b> Sukiyaki (Beef, Onions, Tofu, Cabbage, Konnyaku, Enoki Mushrooms, Udon Noodles & Green Onion) Salad w/ Arugula, Spinach, Bell Pepper, G. Onion & Bacon Bits Miso Soup w/ Taro & Corn Rice Bananas	<b>30</b> Hayashi Rice (Beef and Vegetable) Salad w/ Tomatoes, Bell Peppers, and Carrots Miso Soup w/ Yam & Mizuna Rice Orange Wedges	<b>31</b> Saba Nanban-Zuke (Fried Mackerel in a Sour, Slightly Spicy Sauce) w/ Carrots, Onions, Daikon & Lemon Spring Mix Salad w/ Tomatoes, Green Onions, Red Bell Peppers, Broccoli & Pepitas Green Pea, Brown Rice Miso Soup w/ Daikon & Wakame Bananas