

**Meiji Kai Lunch Program
At Kawabe Memorial House
2026**

Menu might be changed without notice

*Dine in Recommended, 60 and Older Take out - \$8
Suggested Donation 60 and Older Dine In - \$5
Under 60 Take out \$12, Under 60 Dine In - \$10
Please make a reservation 2 business days in advance by calling
206-322-4550 Or e-mailing lunch@kawabehouse.org*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Pork Yakisoba & Gyoza w/ Carrots, Onions, Cabbage Ao-Nori, & Kizami Shoga Miso Soup w/ Cod & Spinach Inari-sushi (Rice Stuffed Bean Curd) Fresh Watermelon	4 Kaki Fry (Oysters) Salad w/ Tomatoes, Carrots, Green Leaf Lettuce, Yellow Bell Peppers, & Radish Spinach Goma-Ae Miso Soup w/ Tofu & G. Onions Rice Orange Wedges	5 Yakiniku Beef Donburi (Beef, Onion, Eggs over Rice) Salad w/ Tomatoes, Arugula & Cucumber Miso Soup w/ Onion & Tofu Banana	6 Spaghetti Meat Sauce (Beef, Spaghetti, Tomato Sauce & Cheese) Salad w/Broccoli, Spinach, Kale & Tomatoes Vegetable Clear Soup Garlic Toast Sliced Apples	7 Hiyashi Chuka (Cold Noodles w/ Chicken, Shrimp, Ham, Egg, Green Onions, Red Bell Pepper, Tomatoes, Spinach & Cucumber) Ao Kappa & Takuan Miso Soup w/ Carrot & Hijiki Orange Wedges
10 Saba Shioyaki w/ Daikon Oroshi & Lemon Komatsuna Nibitashi w/ Abura-Age Ao Kappa & Takuan Miso Soup w/ Squash & Mizuna Brown Rice Banana	11 Chicken Karaage Donburi (Crispy Fried Chicken w/ Savory Sauce, Mayo, Kizami Nori & Green Onions over Rice) Arugula Salad w/ Tomatoes, Bell Peppers, Broccoli, & Radish Miso Soup w/ Carrot & G. Onion Apple Slices	12 Oden (Egg, Konnyaku, Daikon, Konbu, Carrot, Shiitake, Kamaboko, Narutomaki, Chikuwa, Satsuma-age, Abura-age, Atsu-age, & Fish Balls) Spinach Ohitashi (Japanese Spinach Salad) Rice Watermelon	13 Aji Fry (Japanese Horse Mackerel) w/ Shredded Cabbage & Lemon Nimono w/ Daikon, Carrots, & Konnyaku Miso Soup w/ Carrot & Crab Rice Banana	14 Sandwiches: (1) Egg, (2) Potato, (3) Tuna, (4) Ham, Tomatoes, Lettuce & Cucumber Salad w/ Broccoli, Tomatoes & Kale Vegetable Soup Orange
17 Chicken Curry w/ Potatoes, Carrot, & Onion Salad w/ Cabbage & Bell Peppers Miso Soup w/ Squash & Wakame Rice Sliced Apple	18 Tonkatsu (Crispy Pork Cutlet) Kale Salad w/ Spinach, Bell Pepper, Green Onion, Tomato & Broccoli Miso Soup w/ Carrot & Takana Rice Orange Wedges	19 Shogayaki (Ginger Pork) Takuan & Shibazuke Salad w/ Kale, Spinach, Carrots, Tomatoes, Green Onions, Radish, Bell Pepper, & Dried Cranberries Miso Soup w/ Cress & Tofu Rice Sliced Apple	20 Beef with Black Mushrooms Snow Peas, Garlic Broccoli Rice Salad Miso Soup Fruit	21 Salt & Pepper Fish (Cod) Garlic Green Beans Rice Salad Miso Soup Fruit
24 Sweet & Sour Pork Chinese Broccoli Rice Salad Miso Soup Fruit	25 Black Bean Sauce with Chicken Garlic Bok Choy Rice Salad Miso Soup Fruit	26 Mapo Tofu Garlic Assorted Vegetables Rice Salad Miso Soup Fruit	27 Cashew Nut Chicken Bok Choy Rice Salad Miso Soup Fruit	28 Beef with Oyster Sauce Nappa Cabbage Rice Salad Miso Soup Fruit
31 Roast Pork Mushroom Rock Cod Fish Garlic Broccoli Rice Salad Miso Soup Fruit				