

Menu might be changed without notice

**Meiji Kai Lunch Program
At Kawabe Memorial House
2026**

*Dine in Recommended, 60 and Older Take out - \$8
Suggested Donation 60 and Older Dine In - \$5
Under 60 Take out \$12, Under 60 Dine In - \$10
Please make a reservation 2 business days in advance by calling
206-322-4550 Or e-mailing lunch@kawabehouse.org*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Barazushi (Seasoned Rice w/ Shrimp, Carrots, Shiitake, Gobo, Lotus Root, Kinshi Tamago, Kizami Nori, & Beni Shoga) Spinach Ohitashi Miso Soup w/ Cod & Carrots Orange	2 Hamburger Steak (Beef & Tofu) Potato Fry Salad w/ Kale, Broccoli, G. Onions, Bell Peppers, Carrots, & Tomato Rice Miso Soup w/ Turnip Greens & Squash Banana
5 Chicken Curry w/ Curry Sauce & Rice Salad w/ Kale, Tomatoes, G. Onion, Broccoli & Onions Fukujinzuke & Takuan Miso Soup w/ Carrots & Crab Orange	6 Yakiudon & Gyoza w/ Chicken, Onion, Carrots & Bean Sprouts Salad w/ Kale, Broccoli & Carrot Miso Soup w/ Tofu & Onions Banana	7 Saba Shioyaki w/ Daikon Oroshi Nimono w/ Daikon, Konnyaku, Carrots & Chikuwa Ao Kappa Miso Soup w/ Squash & Arugula Brown Rice Apples	8 Aji Fry (Japanese Horse Mackerel) w/ Shredded Cabbage & Lemon Nimono w/ Daikon, Carrots, & Konnyaku Miso Soup w/ Carrot & Crab Rice Watermelon	9 Niku Tofu (Simmered Beef & Tofu w/ Onions) Salad w/ Arugula, Spinach, Bell Pepper, G. Onion, & Bacon Bits Miso Soup w/ Taro & Corn Rice Orange Wedges
12 <i>"Indigenous Peoples' Day"</i> 	13 Salmon Bata-Yaki (Butter Grilled Salmon) Nimono w/ Gobo, Konnyaku, Carrots & Renkon Rice Kabocha Soup Sliced Apples	14 Oden w/ Chicken, Daikon, Tofu, Carrots, Konnyaku, Gobo, & Eggs Spinach Goma-Ae Rice Miso Soup w/ Tofu & Wakame Orange	15 Fish & Chips Salad w/ Cabbage, Bell Pepper & Tomatoes Clam Chowder Sliced Apple	16 Niku-Jaga (Pork and Potato Stew w/ Onions) Egg Plant Spinach Goma-Ae Brown Rice Miso Soup w/ Tofu & Wakame Orange
19 Spaghetti Meat Sauce w/ Beef Sausage, Bacon, Mushrooms, Bell Peppers, Onions & Parmesan Garlic Toast Salad w/ Kale, Broccoli, & Radish Miso Soup w/ Hijiki & Carrot Watermelon	20 Shogayaki (Ginger Pork) Takuan & Shibazuke Salad w/ Kale, Spinach, Carrots, Tomatoes, Green Onions, Radish, & Bell Pepper Miso Soup w/ Cress & Tofu Rice Banana	21 Chicken Karaage Donburi (Crispy Fried Chicken w/ Savory Sauce, Mayo, Kizami Nori & Green Onions over Rice) Arugula Salad w/ Tomatoes, Bell Peppers, Broccoli, & Radish Miso Soup w/ Carrot & G. Onion Sliced Apples	22 Ten-Don (Tempura Cod, Shrimp, Carrot, Broccoli, Okra, Lotus Root, Kabocha, Bell Pepper, & Shiso Over Rice w/ Sauce) Spinach Nibitashi Ao Kappa & Shibazuke Miso Soup w/ Green Onion & Narutomaki Banana	23 Gyoza & Fried Rice Salad w/ Arugula, Spinach, Carrots & Onions Miso Soup w/ Tofu & Wakame Sliced Apples
26 Sukiyaki (Beef Hot Pot w/ Tofu, Udon, Shimeji Mushrooms, Onions, Chinese Cabbage, Green Onion) Salad w/ Tomatoes, Arugula, Broccoli, Corn, & Onions Brown Rice Miso Soup w/ Mitsuba & Crab Orange	27 Kaki Fry (Fried Oysters) Hijiki Gomoku-Ni (Seaweed w/ Carrots, Abura-Age, Konnyaku, & Lotus Root) Salad w/ Spinach, Tomato, Carrot, Broccoli, Cauliflower, & Bell Pepper Umeboshi & Takuan Rice, Sliced Apples	28 Salmon Shioyaki Kimpira Gobo w/ Gobo & Carrots Salad w/ Arugula, Carrots, & Pepper Miso Soup w/ Spinach & Narutomaki Rice Watermelon	29 Cod Cream Stew Salad w/ Broccoli, Spinach, & Tomatoes Miso Soup w/ Tofu & Onion Rice Orange	30 Yakiniku Beef Donburi w/ Beef, Onion, Eggs over Rice Salad w/ Kale, Tomatoes, Carrot & Spinach Miso Soup w/ Onion & Tofu Rice Watermelon

Halloween →